

# LA RICERCA BIBLIOGRAFICA NEL <NUOVO> PUBMED

Dott.ssa Nicoletta Lumina

22 gennaio 2020, ore 11.15 – 12.45 Laboratorio Informatica 1, Edificio Centrale di Medicina

## PROGRAMMA

- LA RICERCA BIBLIOGRAFICA: concetti base
- BANCHE DATI: cosa sono, contenuto e struttura
- PUBMED: che cos'è, contenuto, struttura e accesso
- PUBMED: la ricerca, i filtri, il link al full text
- PUBMED: la ricerca con MESH
- PUBMED: Advanced Search Builder
- PUBMED: gestione dei risultati della ricerca
- PUBMED: ulteriori strumenti e risorse
- LA RICERCA BIBLIOGRAFICA: consigli finali



# La ricerca bibliografica (1)

E' quel processo che ci permette di soddisfare un bisogno informativo.

Le finalità della ricerca bibliografica condotta all'interno di una banca dati possono essere molteplici:

- «fotografare» lo stato dell'arte di un argomento di nostro interesse
- mantenere un aggiornamento regolare su un determinato argomento
- ottenere una risposta ad un quesito specifico



# La ricerca bibliografica (2)

In base quindi al nostro bisogno informativo il risultato della ricerca sarà quello di:

- ottenere una bibliografia (elenco di documenti)
- ottenere una risposta precisa, cioè un dato fattuale, al nostro quesito (ad es. un valore, la composizione di un farmaco, etc.)



## Banche dati: cosa sono

- Si tratta di archivi elettronici di dati, omogenei per contenuto e per formato, strutturati in modo tale da poter essere interrogati grazie ad uno o più criteri o parole chiave
- Le banche dati raccolgono e organizzano informazioni di varia natura
- In base alle informazioni che contengono, possiamo individuare diverse tipologie di banche dati: BIBLIOGRAFICHE, FATTUALI e CITAZIONALI



# Banche dati: cosa contengono (1)

- BANCA DATI FATTUALE: consente l'accesso diretto ai dati (es.: JCR, per ottenere l'Impact Factor di un periodico; CODIFA, banca dati del farmaco; CAS Registry per strutture chimiche). Ottengo immediatamente l'informazione che sto cercando
- BANCA DATI BIBLIOGRAFICA: contiene un insieme di citazioni bibliografiche che rimandano ai documenti cui si riferiscono (es.: PUBMED; CINHAL; EMBASE). Ho bisogno di un ulteriore passaggio per ottenere ciò che mi serve



# Banche dati: cosa contengono (2)

La distinzione tra le due tipologie di banche dati, grazie alla tecnologia, si sta facendo sempre più sfumata: le banche dati bibliografiche contengono sempre più frequentemente il collegamento al testo pieno (full text) dei documenti cui si riferiscono.



## Banche dati: come sono strutturate (1)

- Nel caso di una banca dati bibliografica, l'unità informativa elementare è costituita dalla citazione bibliografica (detta anche record bibliografico); ogni record bibliografico «rappresenta» un articolo
- Possiamo quindi definire una banca dati anche come un insieme strutturato di record
- Ogni record, a sua volta, è scomponibile in unità più piccole, chiamate campi (es.: autore, titolo dell'articolo, titolo del periodico, data di pubblicazione, abstract, termini MESH)



## Banche dati: come sono strutturate (2)

Da quando detto finora consegue che ogni campo costituisce un punto di accesso al record, perché ogni campo contiene un'informazione rilevante relativa al documento.



## PubMed: che cos'è

PubMed è l'interfaccia gratuita di Medline, <u>banca dati</u>
<u>bibliografica</u> sviluppata dal National Center for Biotechnology
Information (NCBI), una divisione della National Library of
Medicine (NLM)

- E' la banca dati bibliografica più vasta e prestigiosa per la ricerca di letteratura biomedica.
- Dal 1997 è accessibile gratuitamente da qualsiasi postazione collegata alla rete Internet
- Attualmente indicizza circa 5600 periodici, pubblicati negli Stati Uniti e in altri paesi, per un insieme di circa 30 milioni di citazioni bibliografiche.



## PubMed: cosa contiene (1)

 Le citazioni bibliografiche (dette anche referenze) provengono per circa il 90% da fonti di lingua inglese; per circa l'80% sono corredate da abstract

• Le citazioni fanno riferimento principalmente ad articoli pubblicati su riviste scientifiche, ma non solo: si trovano anche riferimenti a capitoli di libri, anche elettronici



## PubMed: cosa contiene (2)

- PubMed è una banca dati composta da diversi database (o sezioni).
- Il nucleo principale di **PubMed** è costituito da **Medline**, con il 90% del totale delle citazioni presenti. Contiene citazioni a partire dal 1966 ad oggi, **indicizzate completamente** (corredate cioè di termini MESH e abstract).

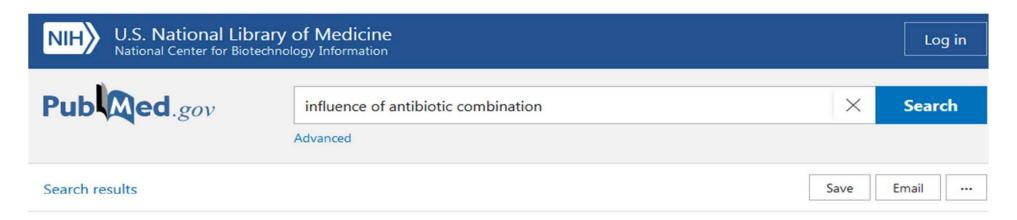


## PubMed: cosa contiene (3)



- OLDMedline: contiene citazioni relative al periodo 1946 1965, per la maggior parte prive sia di abstract che di termini di soggetto (MESH).
- PREMedline: contiene citazioni di articoli appena pubblicati, la cui indicizzazione non è stata completata (in process). Sono prive dei termini di soggetto (MESH).
- As supplied by publisher: si tratta di citazioni fornite dall'editore, a volte anche prima della pubblicazione del documento: anche queste non sono ancora indicizzate e quindi prive di termini di soggetto (MESH).





> Antibiot Chemother (Northfield), 3 (8), 778-82 Aug 1953



D E BECKER, S W TERRILL, J W LASSITER, T S NELSON, D I GARD

PMID: 24542575

### Similar articles

The Growth Response of the Pig to a Dietary Source of Various Antibacterial Agents and to Intramuscular Injections of Procaine Penicillin

DE BECKER et al. Antibiot Chemother (Northfield) 2 (5), 259-64. May 1952. PMID 24541902.

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#### Antibiotic as Animal-Growth Stimulants

EM WEBER et al. Rend Ist Sup Sanit 16 (Suppl.), 188-204. 1953. PMID 13134608.

### [Effect of Antibiotics on Growth of Animals and Plants]

GIa KIVMAN. Usp Sovrem Biol 38 (2), 163-82. Sep-Oct 1954. PMID 13226575.

#### Antibiotics in the Growth of Ruminant Animals

CB KNODT, Antibiot Chemother (Northfield) 3 (4), 442-8, Apr 1953, PMID 24542407.



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### The Influence of Antibiotic Combinations on the Growth Response of the Pig

D E BECKER, S W TERRILL, J W LASSITER, T S NELSON, D I GARD

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The Growth Response of the Pig to a Dietary Source of Various Antibacterial Agents and to Intramuscular Injections of Procaine Penicillin

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#### Antibiotics in the Growth of Ruminant Animals

CB KNODT. Antibiot Chemother (Northfield) 3 (4), 442-8. Apr 1953. PMID 24542407.

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#### MeSH terms

- > Animals
- > Anti-Bacterial Agents / pharmacology \*
- > Antibiotics, Antitubercular \*
- > Dermatologic Agents \*
- > Growth / drug effects \*
- > Swine

#### **Substances**

- > Anti-Bacterial Agents
- > Antibiotics, Antitubercular
- > Dermatologic Agents



MeSH terms

Substances

resources

LinkOut - more







> Cancer Epidemiol Biomarkers Prev 2020 Jan 13[Online ahead of print]



## Metabolic Pathway Analysis and Effectiveness of Tamoxifen in Danish Breast Cancer Patients

Thomas P Ahern <sup>1</sup>, Lindsay J Collin <sup>2</sup>, James W Baurley <sup>3</sup>, Anders Kjærsgaard <sup>4</sup>, Rebecca Nash <sup>2</sup>, Maret L Maliniak <sup>2</sup>, Per Damkier <sup>5</sup>, Michael E Zwick <sup>6</sup>, R Benjamin Isett <sup>7</sup>, Peer M Christiansen <sup>8</sup>, Bent Ejlertsen <sup>9</sup>, Kristina L Lauridsen <sup>10</sup>, Kristina Bang Christensen <sup>10</sup>, Rebecca A Silliman <sup>11</sup>, Henrik Toft Sorensen <sup>4</sup>, Trine Tramm <sup>10</sup>, Stephen Hamilton-Dutoit <sup>10</sup>, Timothy L Lash <sup>12</sup>, Deirdre Cronin Fenton <sup>4</sup>

Affiliations + expand

PMID: 31932415 DOI: 10.1158/1055-9965.EPI-19-0833

### Abstract

**Background:** Tamoxifen and its metabolites compete with estrogen to occupy the estrogen receptor. The conventional dose of adjuvant tamoxifen overwhelms estrogen in this competition, reducing breast cancer recurrence risk by nearly half. Phase 1 metabolism generates active tamoxifen metabolites and phase 2 metabolism deactivates them. No earlier pharmacogenetic study has comprehensively evaluated the metabolism and transport pathways, and no earlier study has included a large population of premenopausal women.

**ACTIONS** 

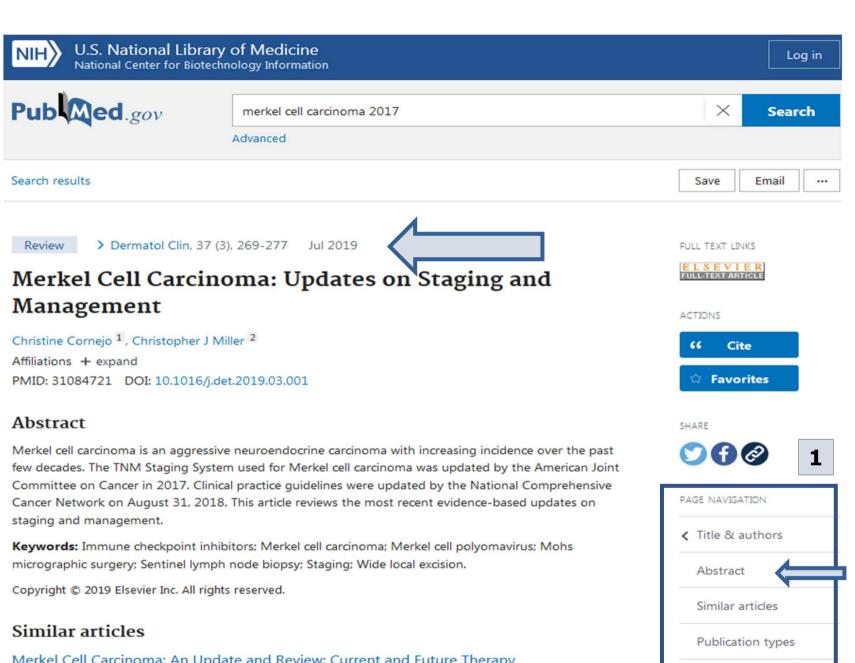




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MeSH terms

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Merkel Cell Carcinoma: An Update and Review: Current and Future Therapy

TL Tello et al. J Am Acad Dermatol 78 (3), 445-454. Mar 2018. PMID 29229573. - Review

Merkel cell carcinoma (MCC) is a rare neuroendocrine tumor of the skin associated with a high risk of local recurrence and distant metastases. It most commonly occurs on ...

[Merkel Cell Carcinoma: Current Care]

#### Merkel Cell Carcinoma: An Update and Review: Current and Future Therapy

TL Tello et al. J Am Acad Dermatol 78 (3), 445-454, Mar 2018, PMID 29229573, - Review

Merkel cell carcinoma (MCC) is a rare neuroendocrine tumor of the skin associated with a high risk of local recurrence and distant metastases. It most commonly occurs on ...

#### [Merkel Cell Carcinoma: Current Care]

C Girard et al. Ann Dermatol Venereol 137 (5), 402-7; quiz 400, 416, May 2010, PMID 20470926, - Review

#### [Merkel Cell Carcinoma]

C Drusio et al. Hautarzt 70 (3), 215-227. Mar 2019. PMID 30701288.

Merkel cell carcinoma is a rare, highly aggressive skin tumor with neuroendocrine features found in older people. The pathogenesis is associated with immunosuppression, c ...

#### Merkel Cell Carcinoma: A Review and Update on Aetiopathogenesis, Diagnosis and Treatment Approaches

JC Cardoso et al. Wien Med Wochenschr 163 (15-16), 359-67. Aug 2013. PMID 23797682. - Review Merkel cell carcinoma (MCC) or primary cutaneous neuroendocrine carcinoma is a relatively uncommon form of skin cancer. It is an aggressive neoplasm with high tendency fo ...

#### Current Management of Patients With Merkel Cell Carcinoma

MS Brady. Dermatol Surg 30 (2 Pt 2), 321-5. Feb 2004. PMID 14871227. - Review

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#### Publication types

> Review

#### MeSH terms

- > Antineoplastic Agents / therapeutic use \*
- > Carcinoma, Merkel Cell / diagnosis
- ➤ Carcinoma, Merkel Cell / secondary ★
- > Carcinoma, Merkel Cell / therapy \*
- > Dermatologic Surgical Procedures
- > Humans
- > Lymphatic Metastasis
- > Neoplasm Recurrence, Local / diagnosis
- > Neoplasm Staging \*
- > Radiotherapy, Adjuvant
- > Skin Neoplasms / diagnosis
- > Skin Neoplasms / pathology \*
- > Skin Neoplasms / therapy \*

FULL TEXT LINKS



ACTIONS

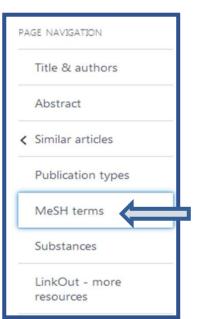


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2

MESH = campi di tipo semantico

## PubMed: l'accesso (1)

 ACCESSO TRAMITE PORTALE DI ATENEO, che rende disponibili in modo integrato – grazie a Full Text Finder le risorse elettroniche acquistate dall'Ateneo:

https://pubmed.ncbi.nlm.nih.gov/?otool=itserpelib

 ACCESSO PUBBLICO, DAL SITO NCBI (National Centre for Biotechnology Information):

https://pubmed.ncbi.nlm.nih.gov/



## PubMed: l'accesso (2)



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- Sale studio ad accesso libero (adiacenti alla biblioteca): lunedi-giovedì 8.00-18.30, venerdì 8.00-17.45.

### Sede

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#### **Pagine Correlate**

 Cerca e trova risorse - Sistema Bibliotecario di Ateneo

#### News ed eventi

#### Nuovi strumenti in UniBS Discovery

Il discovery tool UniBS
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l'interfaccia di ricerca Trova
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elettronici ... (leggi il testo
completo)

#### PubMed: novità in arrivo

Ad inizio 2020 sarà disponibile in versione definitiva il "nuovo" PubMed. Leggi il testo completo...

### altre news » altri eventi »

### SciFinder-n

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corren
completo).

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PubMed Tutorials	Clinical Queries	E-Utilities (API)
New and Noteworthy	Topic-Specific Queries	<u>LinkOut</u>



Piattaforma in uso, ancora utilizzabile per le ricerche ma di prossima dismissione



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Nuova piattaforma, utilizzabile in via sperimentale da novembre 2019 e che a primavera 2020 diverrà l'interfaccia di ricerca standard



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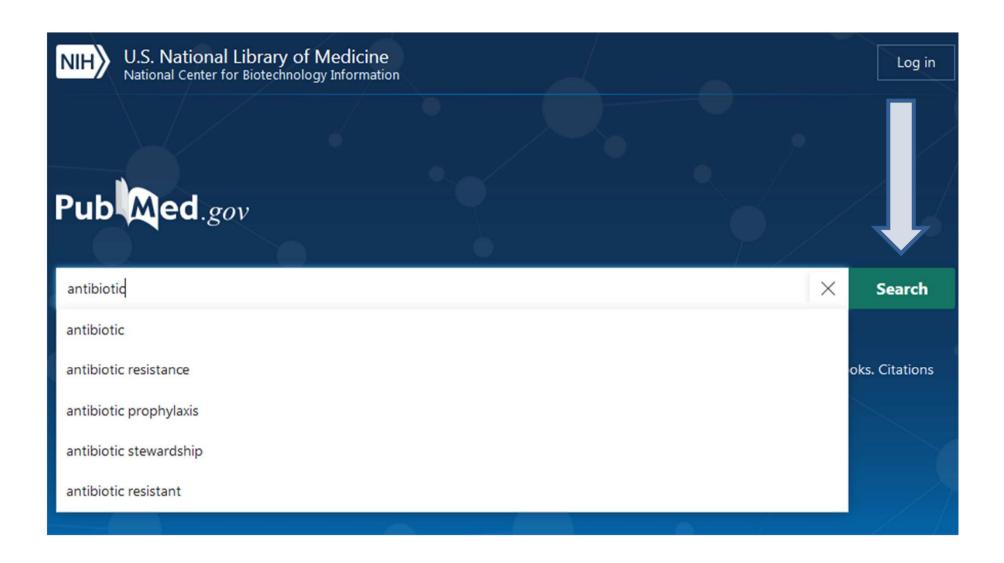


## PubMed: la maschera di ricerca





in questa fase mettere il focus sulla terminologia e non sulla sintassi



Inseriamo uno o più termini che riteniamo pertinenti, in questo caso uno solo

certain Gram-negative bacteria but not holistic treatment of all bacteria. ...

Review

## Struttura del record bibliografico (1)

Save Email

> Trends Microbiol, 24 (11), 862-871 Nov 2016

fonte bibliografica

FULL TEXT LINKS

### Antibiotic Adjuvants: Rescuing Antibiotics From Resistance

titolo articolo

Gerard D Wright 1

Affiliations + expand

autore/autori (con affiliazione)

PMID: 27430191

Numero univoco identificativo della citazione

#### Erratum in

Antibiotic Adjuvants: Rescuing Antibiotics From Resistance: (Trends in Microbiology 24, 862-871: October 17, 2016)

GD Wright, Trends Microbiol 24 (11), 928, Nov 2016, PMID 27522372.

#### Abstract

riassunto (in lingua inglese)

Rooted in the mechanism of action of antibiotics and subject to bacterial evolution, antibiotic resistance is difficult and perhaps impossible to overcome. Nevertheless, strategies can be used to minimize the emergence and impact of resistance. Antibiotic adjuvants offer one such approach. These are compounds that have little or no antibiotic activity themselves but act to block resistance or otherwise enhance antibiotic action. Antibiotic adjuvants are therefore delivered in combination with antibiotics and can be divided into two groups: Class I agents that act on the pathogen, and Class II agents that act on the host. Adjuvants offer a means to both suppress the emergence of resistance and rescue the activity of existing drugs, offering an orthogonal strategy complimentary to new antibiotic discovery VIDEO ABSTRACT.

Keywords: antibacterial; drug combinations; drug discovery; inhibitor.

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#### Similar articles

Antibiotic Adjuvants: Multicomponent Anti-Infective Strategies

L Kalan et al. Expert Rev Mol Med 13, e5. 2011. PMID 21342612. - Review

The unremitting emergence of multidrug-resistant bacterial pathogens highlights a matching need for new therapeutic options. For example, new carbapenemases such as KPC ( ...

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Antibiotic Adjuvants: Multicomponent Anti-Infect

5. 2011. PMID 21342612. - Review

#### articoli dal contenuto simile

ug-resistant bacterial pathogens highlights a matching need for new

therapeutic options. For example, new carbapenemases such as KPC ( ...

#### A Common Platform for Antibiotic Dereplication and Adjuvant Discovery

G Cox et al. Cell Chem Biol 24 (1), 98-109, 2017, PMID 28017602,

Solving the antibiotic resistance crisis requires the discovery of new antimicrobial drugs and the preservation of existing ones. The discovery of inhibitors of antibioti ...

#### Enhanced Antibacterial Effect of Antibiotics in Combination With Silver Nanoparticles Against Animal Pathogens

M Smekalova et al. Vet J 209, 174-9. Mar 2016. PMID 26832810.

Antibiotic resistant bacteria are a serious health risk in both human and veterinary medicine. Several studies have shown that silver nanoparticles (AgNPs) exert a high I ...

#### Combination Approaches to Combat Multidrug-Resistant Bacteria

RJ Worthington et al. Trends Biotechnol 31 (3), 177-84. Mar 2013. PMID 23333434. - Review

The increasing prevalence of infections caused by multidrug-resistant bacteria is a global health problem that has been exacerbated by the dearth of novel classes of anti ...

#### Drug Combinations: A Strategy to Extend the Life of Antibiotics in the 21st Century

M Tyers et al. Nat Rev Microbiol 17 (3), 141-155. Mar 2019. PMID 30683887. - Review

Antimicrobial resistance threatens a resurgence of life-threatening bacterial infections and the potential demise of many aspects of modern medicine. Despite intensive dr ...

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### articoli che hanno citato l'articolo di partenza

#### Considerations and Caveats in Combating ESKAPE Pathogens Against Nosocomial Infections

YX Ma et al. Adv Sci (Weinh) 7 (1), 1901872. 2019. PMID 31921562. - Review

ESKAPE pathogens (Enterococcus faecium, Staphylococcus aureus, Klebsiella pneumoniae, Acinetobacter baumannii, Pseudomonas aeruginosa, ...

#### Strategies to Overcome Antimicrobial Resistance (AMR) Making Use of Non-Essential Target Inhibitors: A Review

G Annunziato. Int J Mol Sci 20 (23). 2019. PMID 31766441. - Review

Antibiotics have always been considered as one of the most relevant discoveries of the twentieth century. Unfortunately, the dawn of the antibiotic era has sadly correspo ...

#### An sRNA Screen for Reversal of Quinolone Resistance in Escherichia coli

K Bhatnagar et al. G3 (Bethesda) 10 (1), 79-88, 2020, PMID 31744901.

In light of the rising prevalence of antimicrobial resistance (AMR) and the slow pace of new antimicrobial development, there has been increasing interest in the developm ...

MeSH terms

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## Struttura del record bibliografico (3)

hat is

Cell<sup>2</sup>ress

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#### **Publication types**

> Review

### **MESH=Medical Subject Heading**

#### MeSH terms

- > Adjuvants, Pharmaceutic / pharmacology \*
- > Adjuvants, Pharmaceutic / therapeutic use
- > Anti-Bacterial Agents / chemistry
- > Anti-Bacterial Agents / pharmacology \*
- > Anti-Bacterial Agents / therapeutic use
- > Bacteria / drug effects
- > Bacterial Infections / drug therapy
- > Drug Combinations
- > Drug Discovery
- > Drug Resistance, Multiple, Bacterial / drug effects \*
- > Drug Resistance, Multiple, Bacterial / physiology
- > Drug Synergism
- > Humans
- > beta-Lactamases

Substances

### Farmaci o sostanze chimiche di cui si parla nell'articolo

- > Adjuvants, Pharmaceutic
- > Anti-Bacterial Agents
- > Drug Combinations
- > beta-Lactamases

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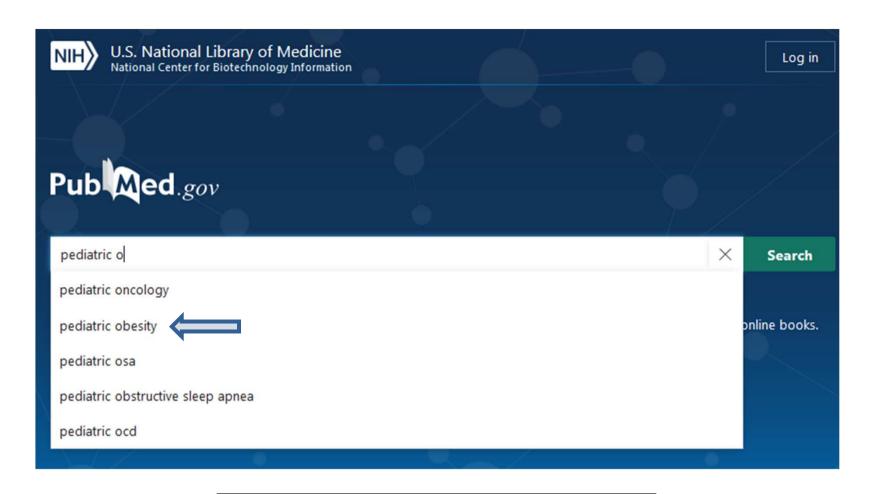
Substances

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## Struttura del record bibliografico: riepilogo

- Ogni record è costituito, come abbiamo appena visto, da molti campi (autore, titolo articolo, fonte bibliografica, abstract, etc.)
- I campi che costituiscono il record sono contraddistinti da etichette (o tag) indispensabili per il recupero puntuale dell'informazione: au; ti; so; pg; la; PMID e molti altri
- Ai campi FORMALI, ricavati direttamente dalla citazione (au; ti; so; pg), vengono aggiunti campi ulteriori di tipo SEMANTICO, relativi cioè al contenuto informativo del documento: i termini MESH (tag=MH)





Inseriamo uno o più termini che riteniamo pertinenti, in questo caso due: la ricerca viene effettuata «per frase»

### FILTRI (o LIMITI)

RESULTS BY YEAR
1948 2020
TEXT AVAILABILITY
☐ Abstract ☐ Free full text
☐ Full text
ARTICLE ATTRIBUTE
Associated data
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☐ Books and Documents
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☐ Meta-Analysis
Randomized Controlled     Trial
Review
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Additional filters

- Pediatric Obesity-Assessment, Treatment, and Prevention: An Endocrine Society
- 1 Clinical Practice Guideline. Styne DM, et al. J Clin Endocrinol Metab 2017, PMID 28359099 Free PMC article.

The psychological toll of **pediatric obesity** on the individual and family necessitates screening for mental health issues and counseling as indicated. The prevention of **pediatric obesity** by promoting healthful diet, activity, and environment should be a primary goal, as achieving effective, long-lasting results with lifestyle modification once **obesity** occurs is difficult. ...

66 Cite Share

18,743 results

- Pediatric obesity: Current concepts.
- 2 Greydanus DE, et al. Dis Mon 2018 Review. PMID 29329689

In addition to emphasis on diet and exercise, research and clinical applications in the second decade of the 21(st) century emphasize the increasing use of pharmacotherapy and bariatric surgery for adolescent and adult populations with critical problems of overweight and obesity. We conclude with a discussion of future directions in pediatric obesity management....

66 Cite Share

- Pediatric Obesity: Influence on Drug Dosing and Therapeutics.
- 3 Ameer B and Weintraub MA. J Clin Pharmacol 2018 Review. PMID 30248198

Obesity afflicts 17% of U.S. children and adolescents. Severe obesity (≥120% of the 95th percentile of body mass index (BMI) for age, or a BMI ≥ 35 kg/m(2) ) is the fastest-growing subgroup and now approaches 6% of all U.S. youth. ...Classes of drugs commonly prescribed for comorbidities associated with obesity should be prioritized for clinical research evaluations aimed at optimizing dosing regimens in pediatric obesity....

66 Cite < Share

Review of Childhood **Obesity**: From Epidemiology, Etiology, and Comorbidities to Clinical Assessment and Treatment.

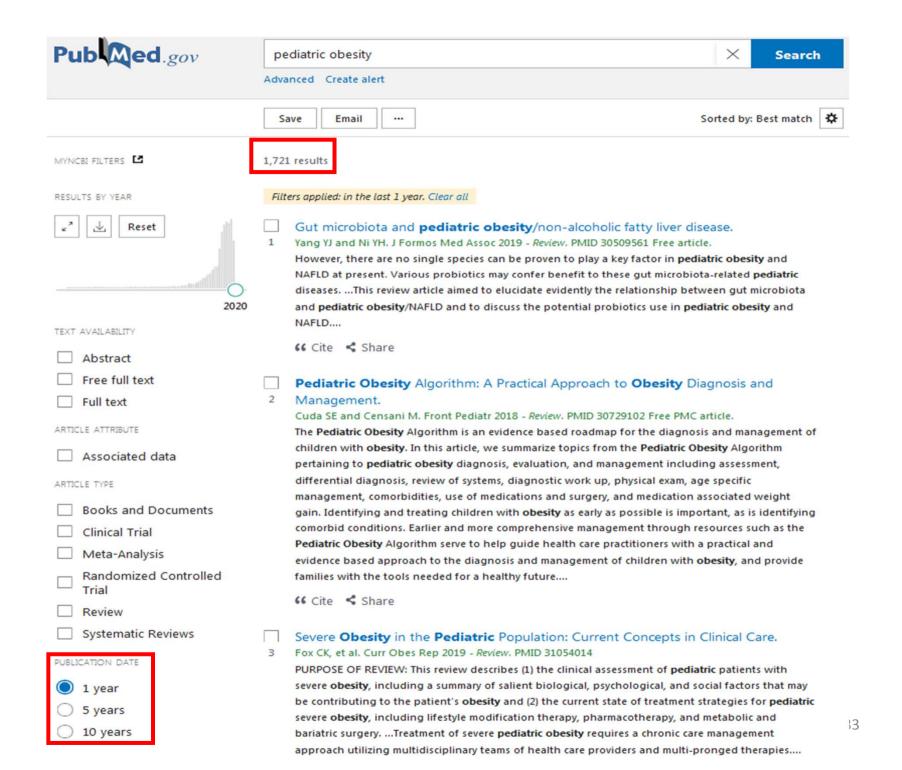
Kumar S and Kelly AS. Mayo Clin Proc 2017 - Review. PMID 28065514

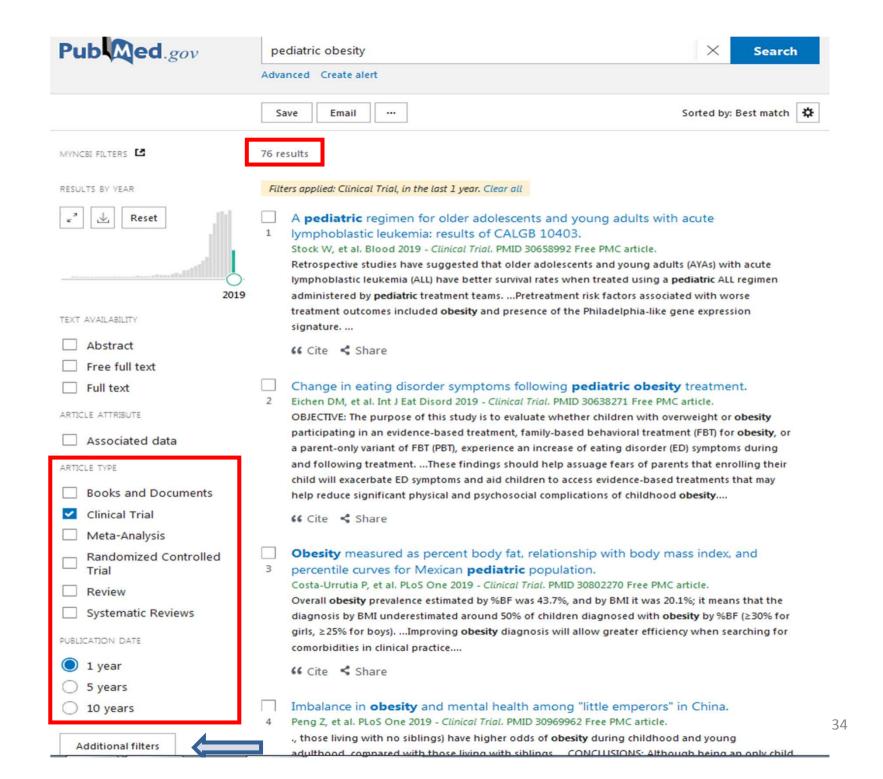
A staged approach to **pediatric** weight management is recommended with consideration of the age of the child, severity of **obesity**, and presence of **obesity**-related comorbidities in determining the initial stage of treatment. ...For this comprehensive review, the literature was scanned from 1994 to 2016 using PubMed using the following search terms: childhood **obesity**, **pediatric obesity**, childhood overweight, bariatric surgery, and adolescents....

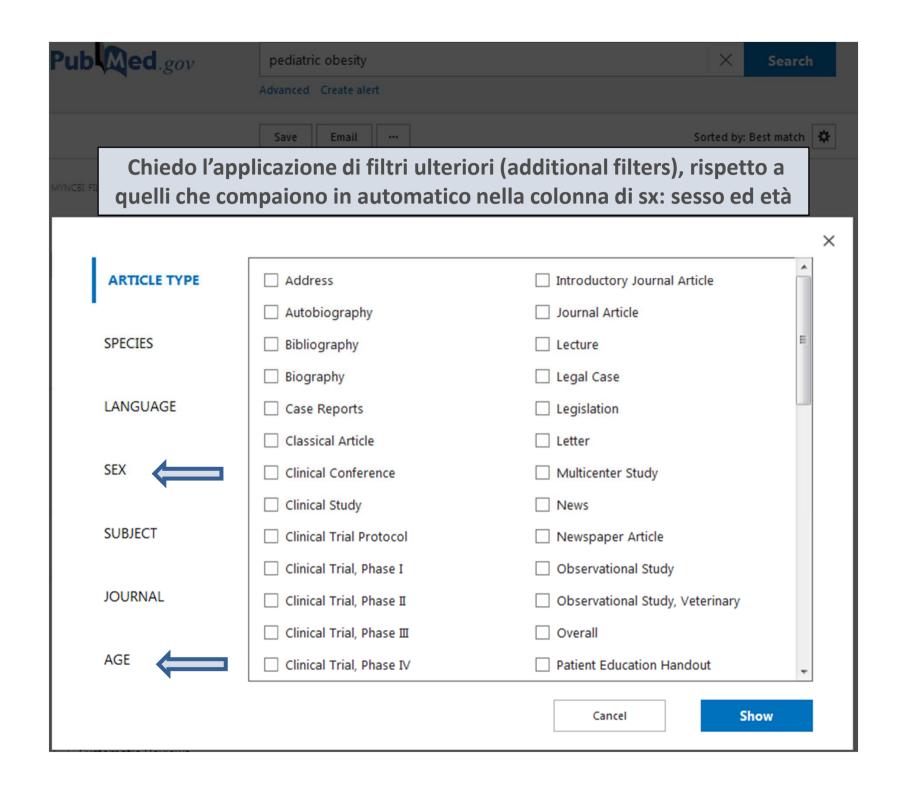
# PubMed: i filtri (limits)

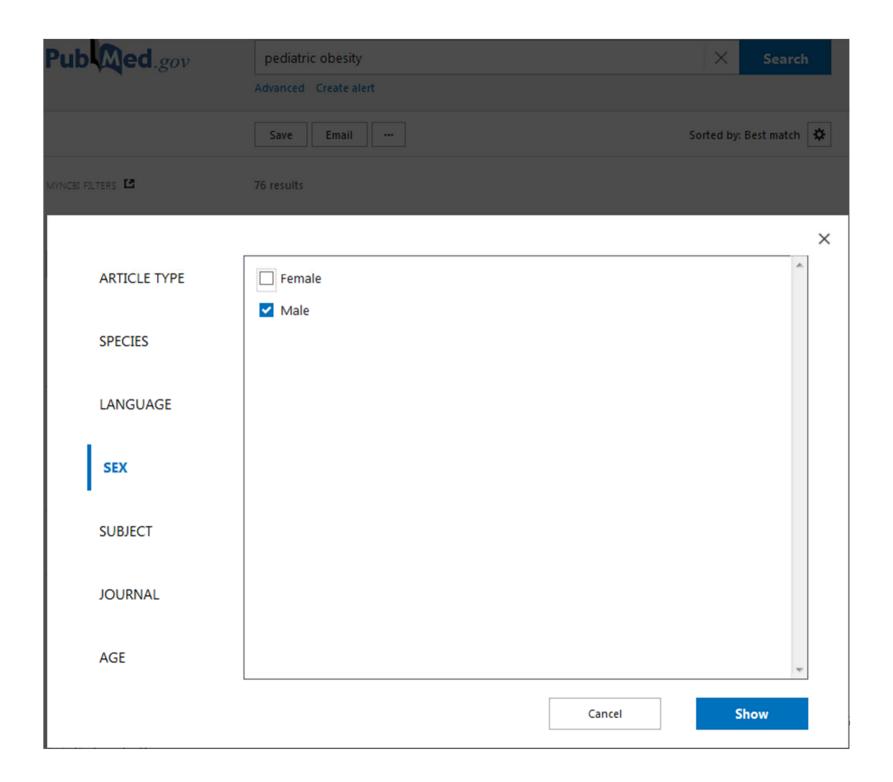
- I filtri permettono di restringere la ricerca sulla base di parametri quali: data e tipo di pubblicazione, lingua, età, gruppo specifico (studi sull'uomo o sull'animale), settori particolari (AIDS, tumori), categorie di periodici (area infermieristica, odontoiatrica).
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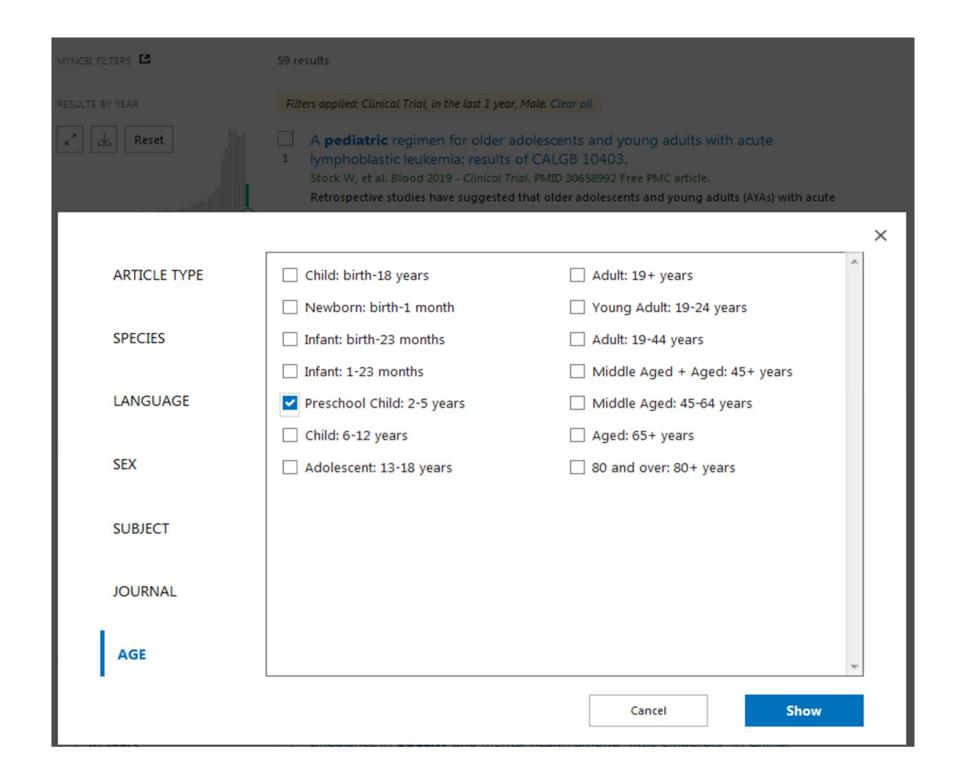


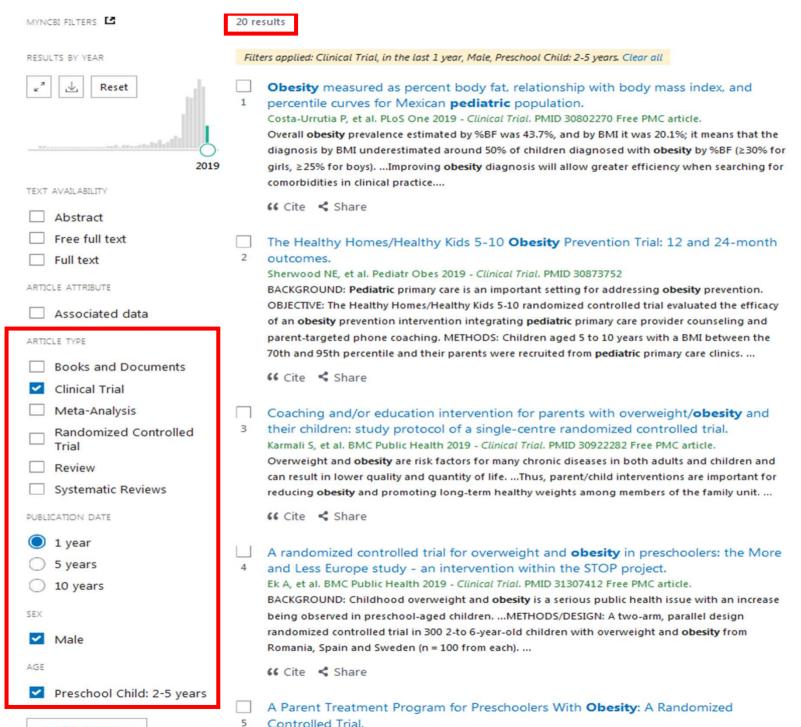












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Clinical Trial

> PLoS One, 14 (2), e0212792

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## Obesity Measured as Percent Body Fat, Relationship With Body Mass Index, and Percentile Curves for **Mexican Pediatric Population**

Paula Costa-Urrutia 1, Alejandra Vizuet-Gámez 2, Miryam Ramirez-Alcántara 3, Miguel Ángel Guillen-González 1, Oscar Medina-Contreras 1 4, Mariana Valdes-Moreno 1, Claudette Musalem-Younes 1 , Jaqueline Solares-Tlapechco 1, Julio Granados 5, Valentina Franco-Trecu 6, M Eunice Rodriguez-Arellano 1

Affiliations + expand

PMID: 30802270 PMCID: PMC6388924 DOI: 10.1371/journal.pone.0212792

## Abstract

In Mexico, the increase in childhood obesity is alarming. Thus, improving the precision of its diagnosis is expected to impact on disease prevention. We estimated obesity prevalence by bioimpedance-based percent body fat (%BF) and body mass index (BMI) in 1061 girls and 1121 boys, from 3 to 17 years old. Multiple regressions and area under receiver operating curves (AUC) were used to determine the predictive value of BMI on %BF and percentile curves were constructed. Overall obesity prevalence estimated by %BF was 43.7%, and by BMI it was 20.1%; it means that the diagnosis by BMI underestimated around 50% of children diagnosed with obesity by %BF ( $\geq$ 30% for girls,  $\geq$ 25% for boys). The fat mass excess is further underestimated in boys than in girls when using the standard BMI classification. The relationship between %BF and BMI was strong in school children and adolescents (all cases R2>0.70), but not in preschool children (girls R2 = 0.57, boys R2 = 0.23). AUCs showed greater discriminative power of BMI to detect %BF obesity in school children and adolescents (all cases AUC≥0.90) than in preschool children (girls AUC = 0.86; boys AUC = 0.70). Growth percentile charts showed that girls aged 9-17 years and boys aged 8-17 years presented fat excess from the 50th percentile and above. We suggested to change the BMI cut-off for them, considering values at the 75th percentile as overweight, and values at the 85th percentile as obesity, as previously recommended for Mexican children. Improving obesity diagnosis will allow greater efficiency when searching for comorbidities in clinical practice.





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## Obesity measured as percent body fat, relationship with body mass index, and percentile curves for Mexican pediatric population

Paula Costa-Urrutia, Alejandra Vizuet-Gámez, Miryam Ramirez-Alcántara, Miguel Ángel Guillen-González, Oscar Medina-Contreras, Mariana Valdes-Moreno, Claudette Musalem-Younes, Jaqueline Solares-Tlapechco, Julio Gral Valentina Franco-Trecu, M. Eunice Rodriguez-Arellano

Published: February 25, 2019 • https://doi.org/10.1371/journal.pone.0212792

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### **Abstract**

Introduction

Materials and methods

Results

Discussion

Supporting information

Acknowledgments

References

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In Mexico, the increase in childhood obesity is alarming. Thus, improving the precision of its diagnosis is expected to impact on disease prevention. We estimated obesity prevalence by bioimpedance-based percent body fat (%BF) and body mass index (BMI) in 1061 girls and 1121 boys, from 3 to 17 years old. Multiple regressions and area under receiver operating curves (AUC) were used to determine the predictive value of BMI on %BF and percentile curves were constructed. Overall obesity prevalence estimated by %BF was 43.7%, and by BMI it was 20.1%; it means that the diagnosis by BMI underestimated around 50% of children diagnosed with obesity by %BF (≥30% for girls, ≥25% for boys). The fat mass excess is further underestimated in boys than in girls when using the standard BMI classification. The relationship between %BF and BMI was strong in school children and adolescents (all cases  $R^2>0.70$ ), but not in preschool children (girls  $R^2=0.57$ , boys  $R^2=0.23$ ). AUCs showed greater discriminative power of BMI to detect %BF obesity in school children and adolescents (all cases AUC≥0.90) than in preschool children (girls AUC = 0.86; boys AUC = 0.70). Growth percentile charts showed that girls aged 9-17 years and boys aged 8-17 years presented fat excess from the 50th percentile and above. We suggested to change the BMI cut-off for them, considering values at the 75th percentile as overweight, and values at the 85th percentile as obesity, as previously recommended for Mexican children. Improving obesity diagnosis will allow greater efficiency when searching for comorbidities in clinical practice.







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Editor: Massimiliano Ruscica, Università degli Studi di Milano, ITALY

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Randomized Controlled Trial

> Am J Clin Nutr, 109 (5), 1361-1372 2019 May 1

## Portion Size Has Sustained Effects Over 5 Days in Preschool Children: A Randomized Trial

Alissa D Smethers 1, Liane S Roe 1, Christine E Sanchez 1, Faris M Zuraikat 1, Kathleen L Keller 1 2 , Samantha M R Kling 1, Barbara J Rolls 1

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PMID: 30976782 PMCID: PMC6499504 (available on 2020-05-01) DOI: 10.1093/ajcn/ngy383

### Abstract

Background: Although short-term studies have found that serving larger portions of food increases intake in preschool children, it is unknown whether this portion size effect persists over a longer period or whether energy intake is moderated through self-regulation.

Objectives: We tested whether the portion size effect is sustained in preschool children across 5 consecutive days, a period thought to be sufficient for regulatory systems to respond to the overconsumption of energy.

Methods: With the use of a crossover design, over 2 periods we served the same 5 daily menus to 46 children aged 3-5 y in their childcare centers. In 1 period, all foods and milk were served in baseline portions, and in the other period, all portions were increased by 50%. The served items were weighed to determine intake.

Results: Increasing the portion size of all foods and milk by 50% increased daily consumption: weighed intake increased by a mean ± SEM of 143 ± 21 g/d (16%) and energy intake increased by 167 ± 22 kcal/d (18%; both P < 0.0001). The trajectories of intake by weight and energy across the 5-day period were linear and the slopes did not differ between portion conditions (both P > 0.13), indicating that there were sustained increases in intake from larger portions without compensatory changes over time. Children differed in their response to increased portions; those with higher weight status, lower ratings for satiety responsiveness, or higher ratings for food responsiveness had greater increases in intake from larger portions (all P < 0.03).

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## Portion size has sustained effects over 5 days in preschool children: a randomized trial

Alissa D Smethers, Liane S Roe, Christine E Sanchez, Faris M Zuraikat, Kathleen L Keller, Samantha M R Kling, Barbara J Rolls -

The American Journal of Clinical Nutrition, Volume 109, Issue 5, May 2019, Pages 1361-1372, https://doi.org/10.1093/ajcn/ngy383

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#### ABSTRACT

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#### Conclusions

This demonstration that preschool children failed to adjust their intake during prolonged exposure to larger portions challenges the suggestion that their self-regulatory behavior is sufficient to counter perturbations in energy intake. Furthermore, overconsumption from large portions may play a role in the development of overweight and obesity, as the magnitude of the effect was greater in children of higher weight status. This trial was registered at www.clinicaltrials.gov as NCT02963987.

**Keywords:** portion size, eating behavior, preschool children, energy intake, obesity

**Topic:** obesity, calories, child, child day care centers, preschool child, energy intake, feeding behaviors, food, milk, satiation

Issue Section: Growth, development, and pediatrics

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- Diseases
- 4. Chemicals and Drugs
- 5. Analytical, Diagnostic and Therapeutic Techniques and Equipment
- 6. Psychiatry and Psychology
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- 8. Disciplines and Occupations
- 9. Anthropology, Education, Sociology and Social Phenomena
- 10. Technology, Industry, Agriculture
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- Information Science
- 13. Named Groups
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- 16. Geographicals



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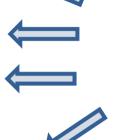
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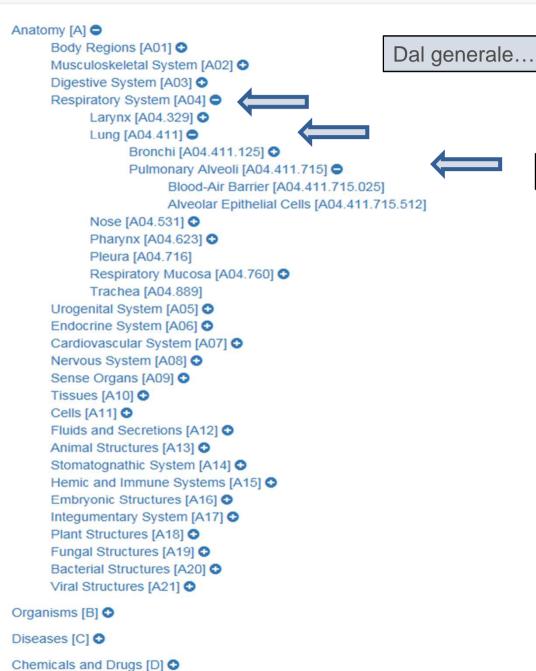
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- Una ricerca più puntuale è quella che viene effettuata utilizzando il thesaurus MESH (Medical Subject Headings).
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- Il thesaurus MESH è composto da descrittori (main headings), sottodescrittori (subheadings) e voci supplementari (supplementary concept records).
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# PubMed: la ricerca con MESH (5)

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<ul><li>Childhood Onset Obesity</li><li>Obesity, Childhood Onset</li></ul>			Q copd (2)
<ul><li>Child Obesity</li><li>Obesity, Child</li><li>Childhood Overweight</li></ul>		41	Emphysema MeSH
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· Obesity (1963-2013)



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Signs and Symptoms

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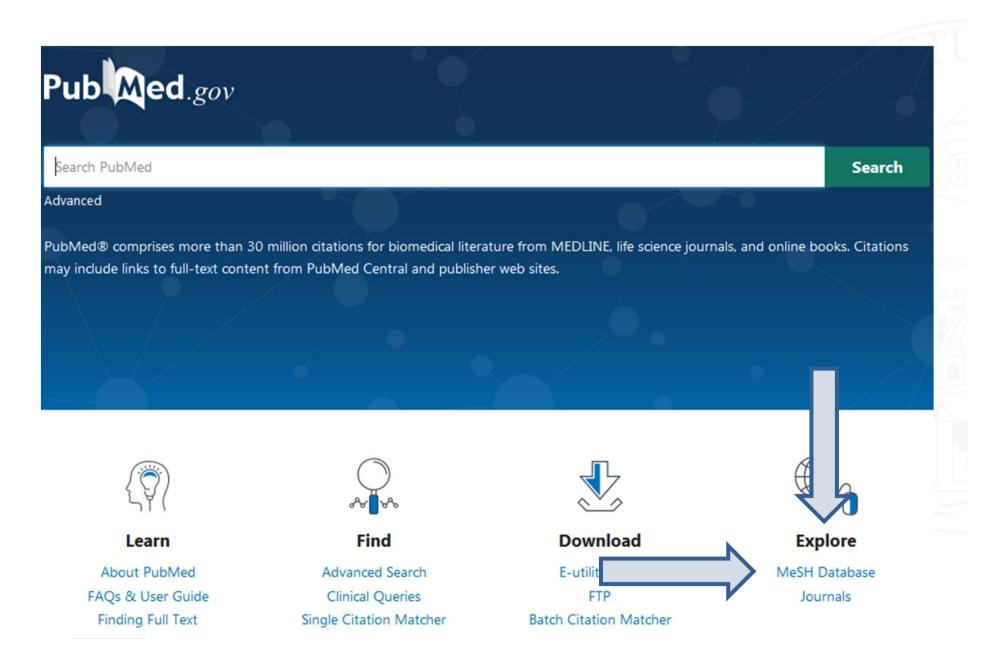
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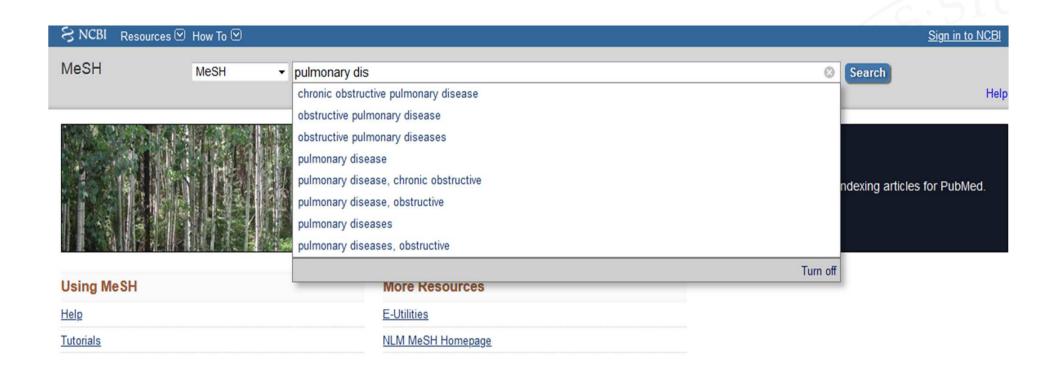
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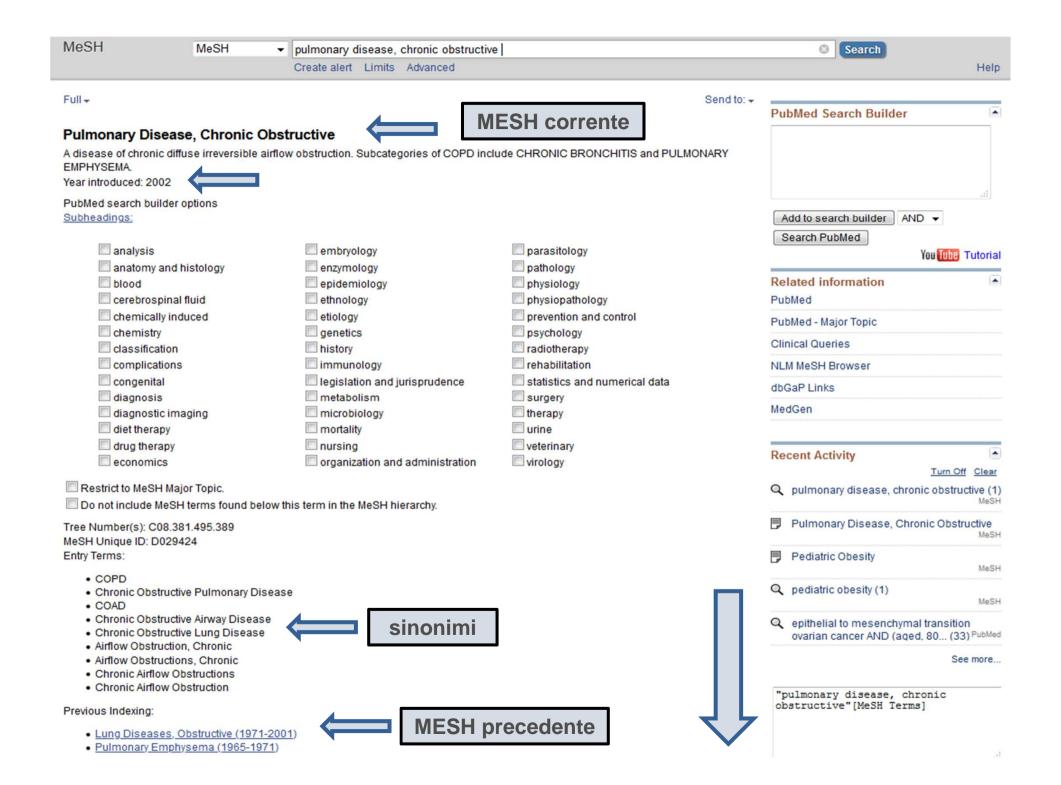


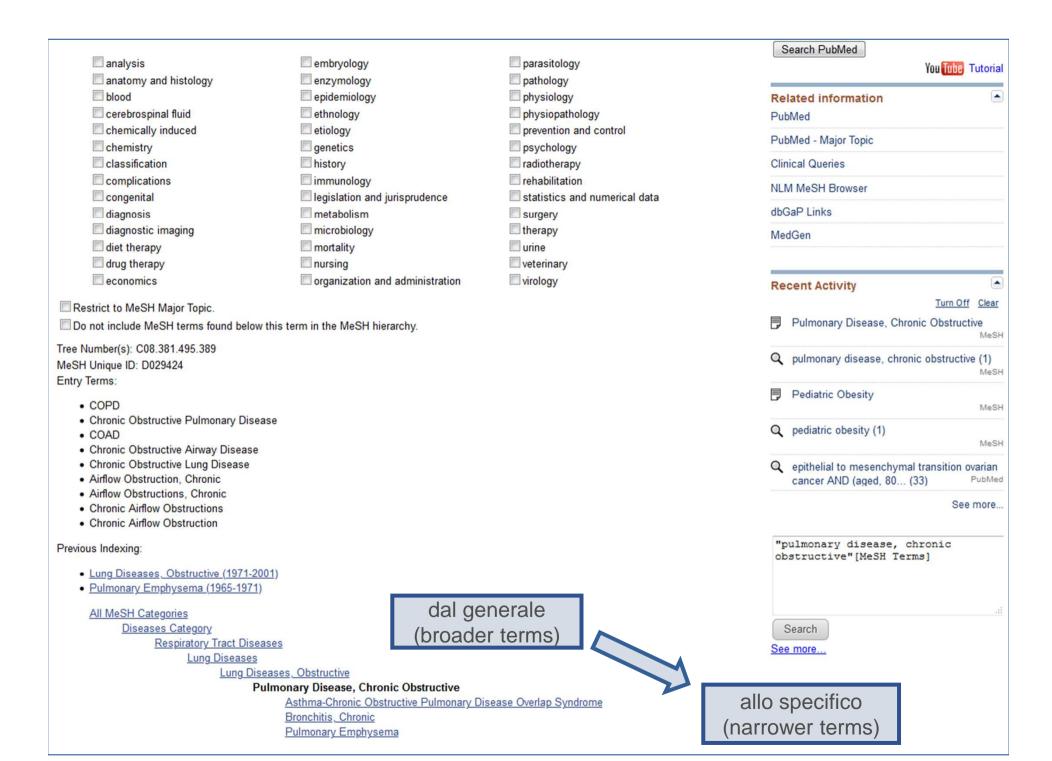
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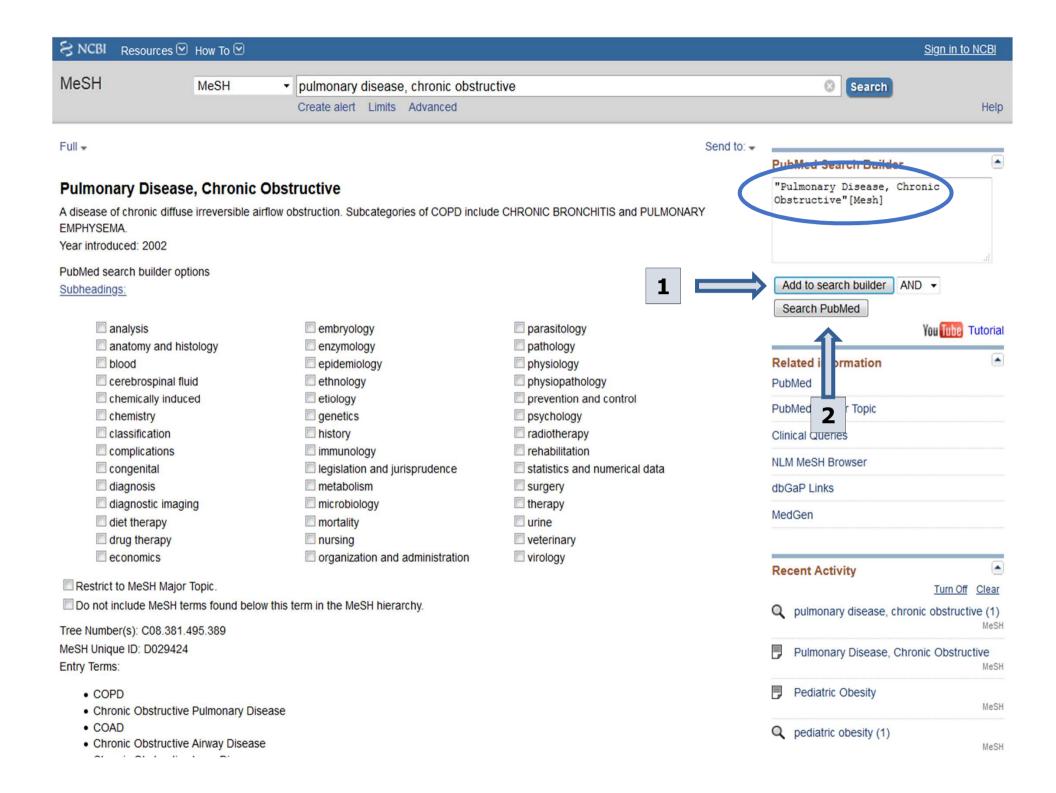


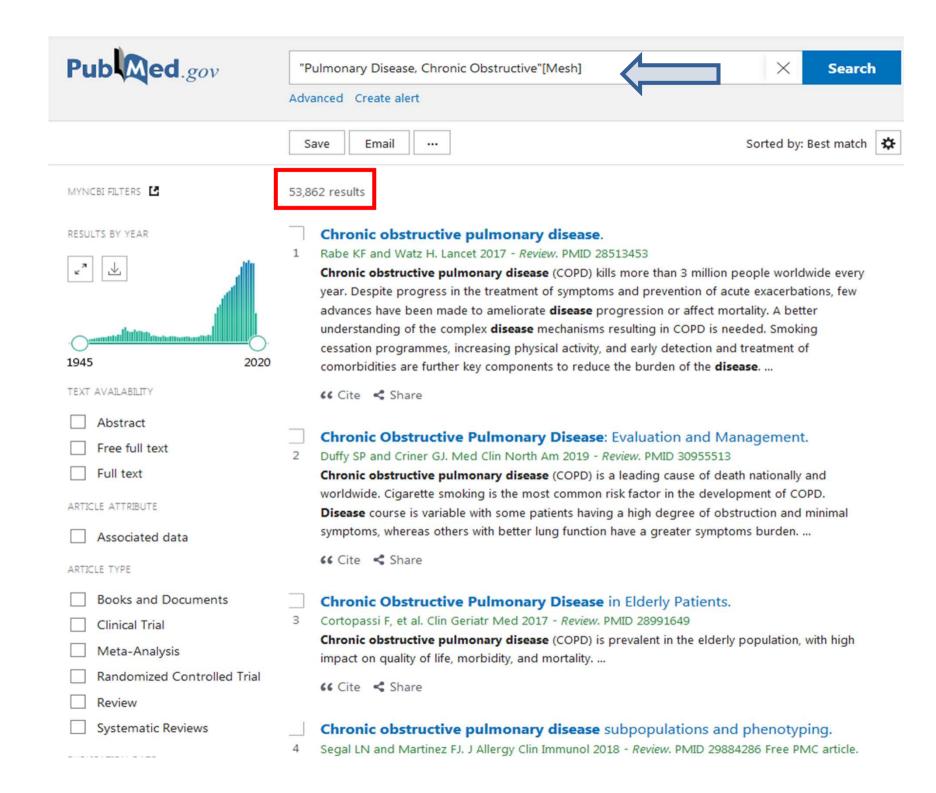


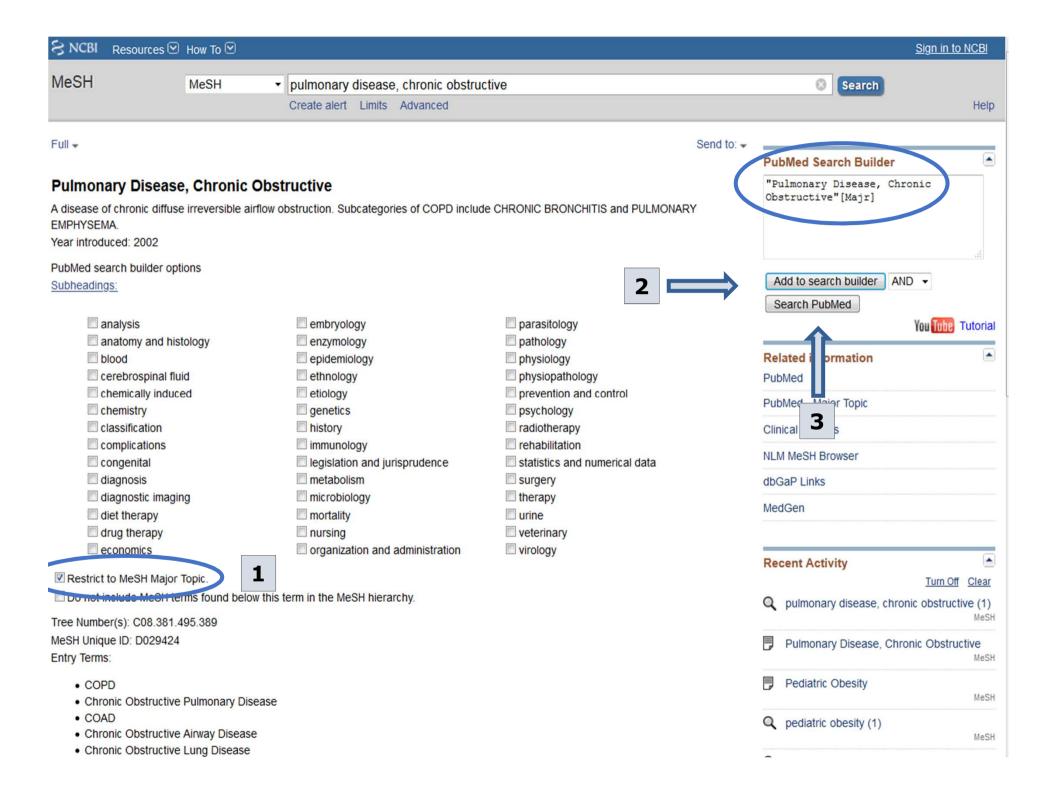
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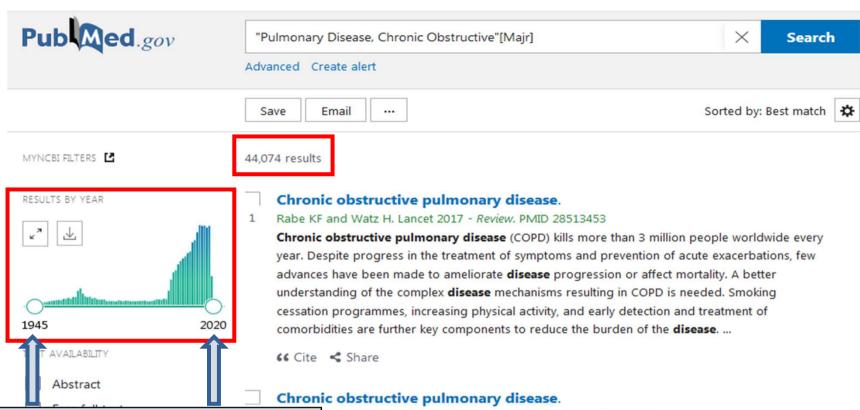
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Decramer M. et al. Lancet 2012 - Review. PMID 22314182

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J, et al. Nat Rev Dis Primers 2015 - Review. PMID 27189863

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...Although the mechanisms underlying COPD remain poorly understood, the disease is associated with chronic inflammation that is usually corticosteroid resistant. ...

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Meta-Analysis

Randomized Controlled Trial

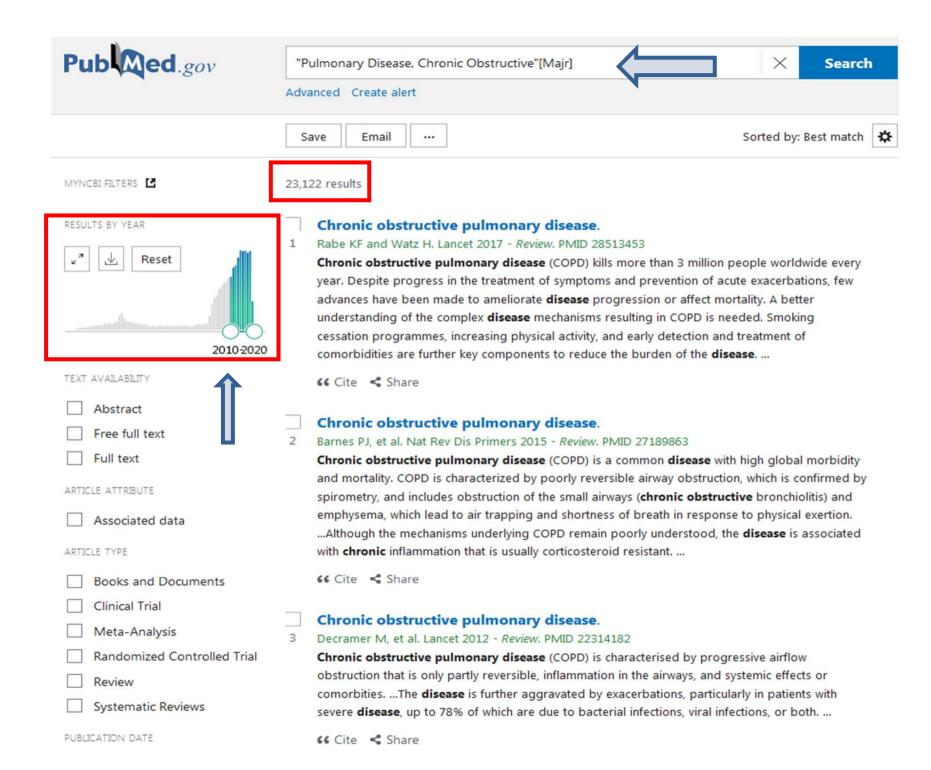
Review

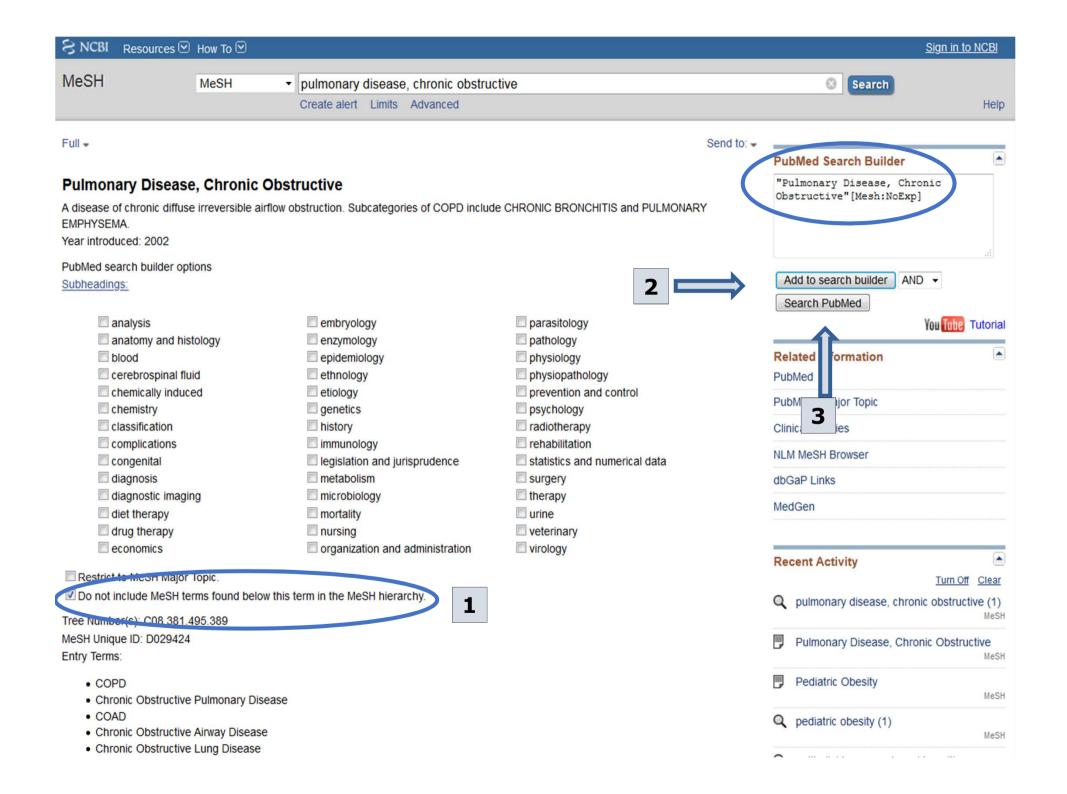
Systematic Reviews

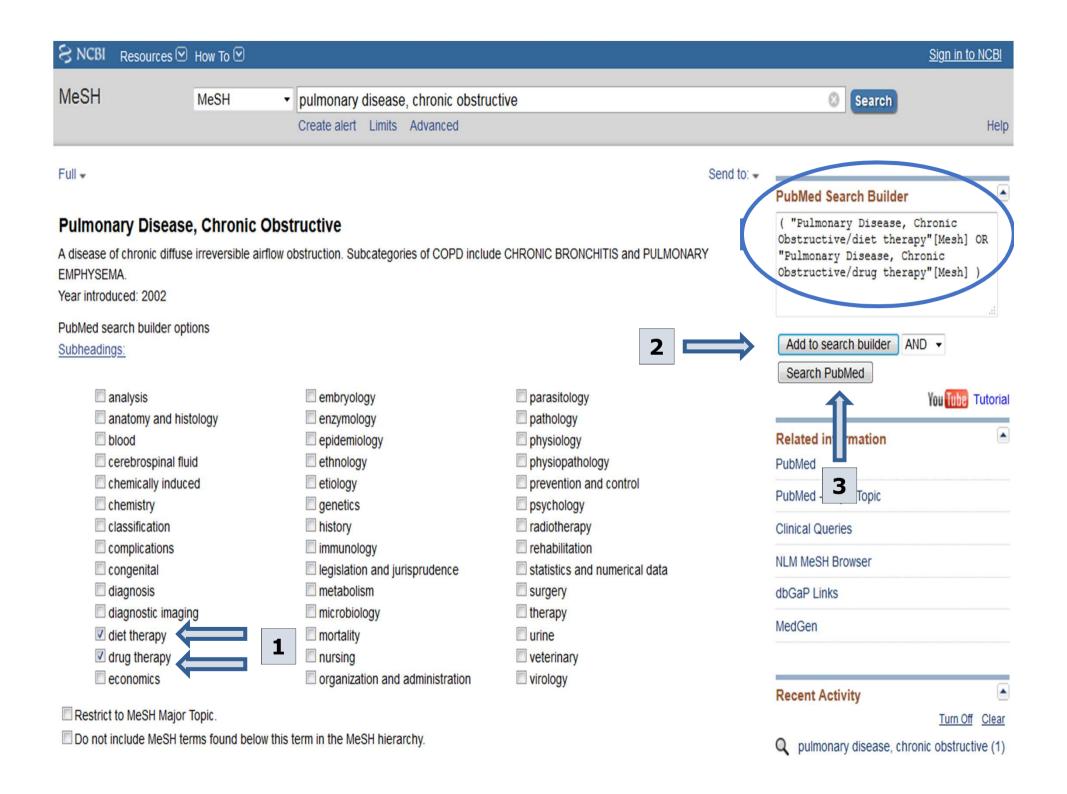
Chronic obstructive pulmonary disease (COPD) is characterised by progressive airflow obstruction that is only partly reversible, inflammation in the airways, and systemic effects or comorbities. ... The disease is further aggravated by exacerbations, particularly in patients with severe disease, up to 78% of which are due to bacterial infections, viral infections, or both. ...

66 Cite Share

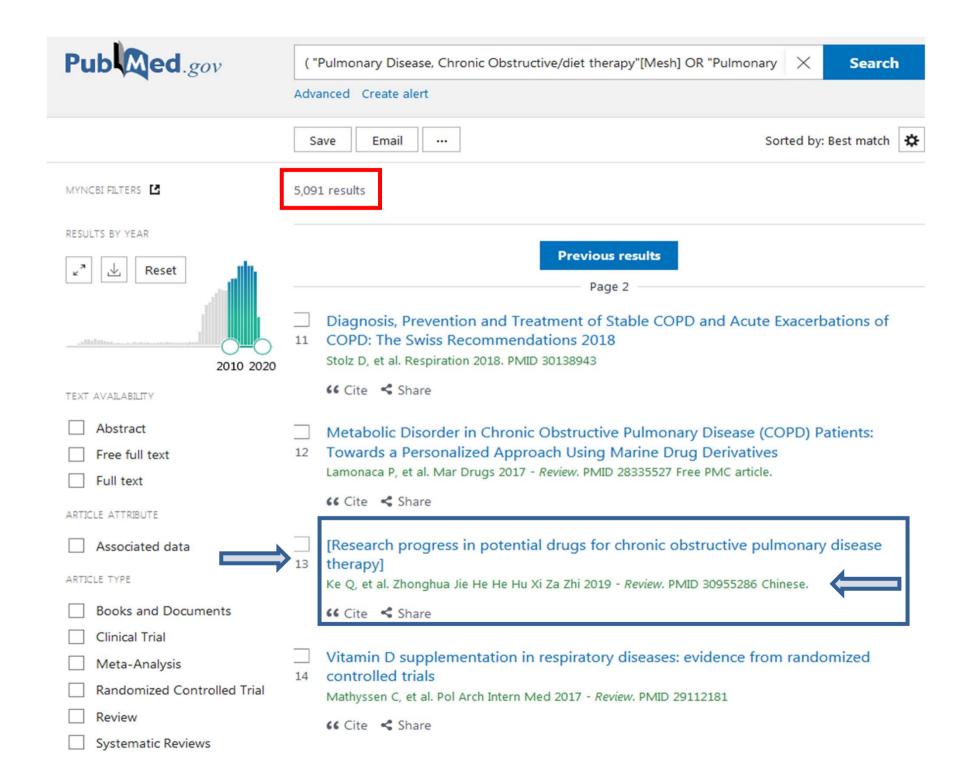
PUBLICATION DATE







Pub Med.gov	( "Pulmonary Disease, Chronic Obstructive/diet therapy"[Mesh] OR "Pulmonary X Search			
	vanced Create alert			
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MYNCBI FILTERS 🖪	5,091 results			
RESULTS BY YEAR  Reset  2010 2020	Role of Diet in Chronic Obstructive Pulmonary Disease Prevention and Treatment.  Scoditti E, et al. Nutrients 2019 - Review. PMID 31208151 Free PMC article.  Chronic obstructive pulmonary disease is one of the leading causes of morbidity and mortality worldwide and a growing healthcare problem. Identification of modifiable risk factors for prevention and treatment of COPD is urgent, and the scientific community has begun to pay close attention to diet as an integral part of COPD management, from prevention to treatment  Cite Share			
TEXT AVAILABILITY	Cite Silare			
Abstract Free full text Full text	Chronic Obstructive Pulmonary Disease.  Hattab Y, et al. Crit Care Nurs Q 2016 - Review. PMID 26919673  Chronic obstructive pulmonary disease (COPD) is a chronic smoking-related lung disease associated with significant mortality and morbidity			
ARTICLE ATTRIBUTE	← Cite ← Share			
Associated data	Peak Inspiratory Flow Rate in <b>Chronic Obstructive Pulmonary Disease</b> : Implications for Dry Powder Inhalers. Ghosh S, et al. J Aerosol Med Pulm Drug Deliv 2017 - <i>Review</i> . PMID 28933581 Free PMC article.			
Books and Documents	Chronic obstructive pulmonary disease (COPD) is the third leading cause of death in the United States with a significant economic burden related to hospital admissions for exacerbationsMany devices require a PIFR >60 L/min for adequate medication dispersal, while others appear to have adequate drug deaggregation with a PIFR >30 L/min			
Clinical Trial Meta-Analysis				
Randomized Controlled Trial				
Review Systematic Reviews	Mucolytic agents versus placebo for chronic bronchitis or chronic obstructive			
PUBLICATION DATE	4 pulmonary disease. Poole P, et al. Cochrane Database Syst Rev 2019. PMID 31107966 Free PMC article.			



See more...

## PubMed: gli operatori booleani (1)

- Gli operatori booleani (o operatori logici) permettono di combinare in vario modo più concetti all'interno della stessa ricerca, stabilendo quindi una particolare relazione tra i termini
- In PubMed sono utilizzabili i tre più noti, che vanno scritti rigorosamente in carattere maiuscolo:

AND, OR, NOT



## PubMed: gli operatori booleani (2)

- AND recupera documenti che contengono entrambi i termini. Esegue il prodotto logico.
- OR recupera documenti che contengono almeno uno dei due termini, oppure entrambi. Esegue la somma logica.
- NOT (BUTNOT) recupera documenti che contengono solo il primo dei due termini, escludendo il secondo o i documenti in cui ci sia compresenza dei due. Esprime la differenza logica.



## PubMed: gli operatori booleani (3)

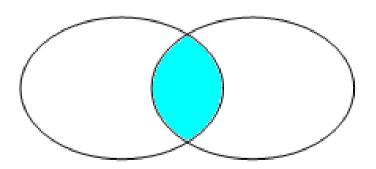
 AND e OR : l'ordine dei termini non condiziona il risultato finale

 NOT invece esclude l'insieme relativo al termine digitato in seconda posizione (cambiando l'ordine, il risultato sarà completamente diverso).



## PubMed: gli operatori booleani (4)

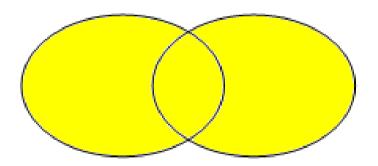
digestive system AND liver : i documenti contengono contemporaneamente digestive system e liver





## PubMed: gli operatori booleani (5)

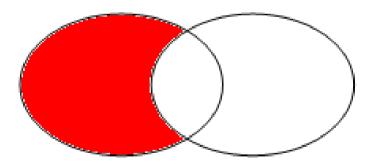
• digestive system OR liver : i documenti contengono o digestive system, o liver, oppure entrambi;





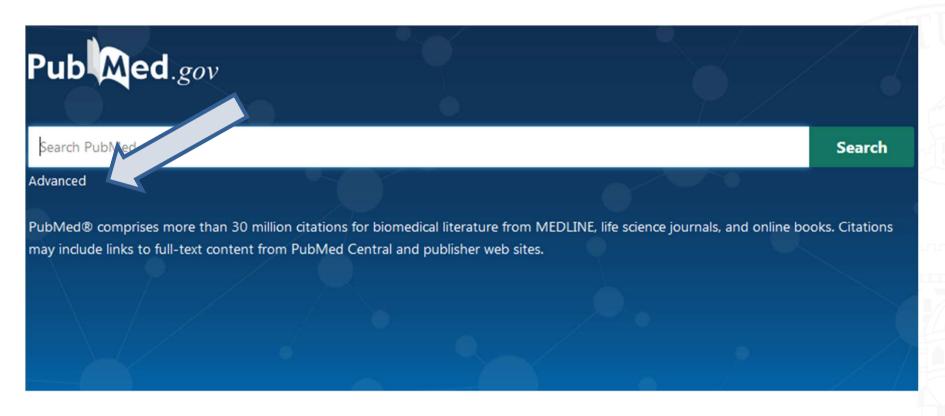
## PubMed: gli operatori booleani (6)

• digestive system NOT liver: i documenti contengono solo digestive system, escludendo quelli in cui è presente anche liver.





## PubMed: Advanced Search Builder (1)





About PubMed

FAQs & User Guide Finding Full Text

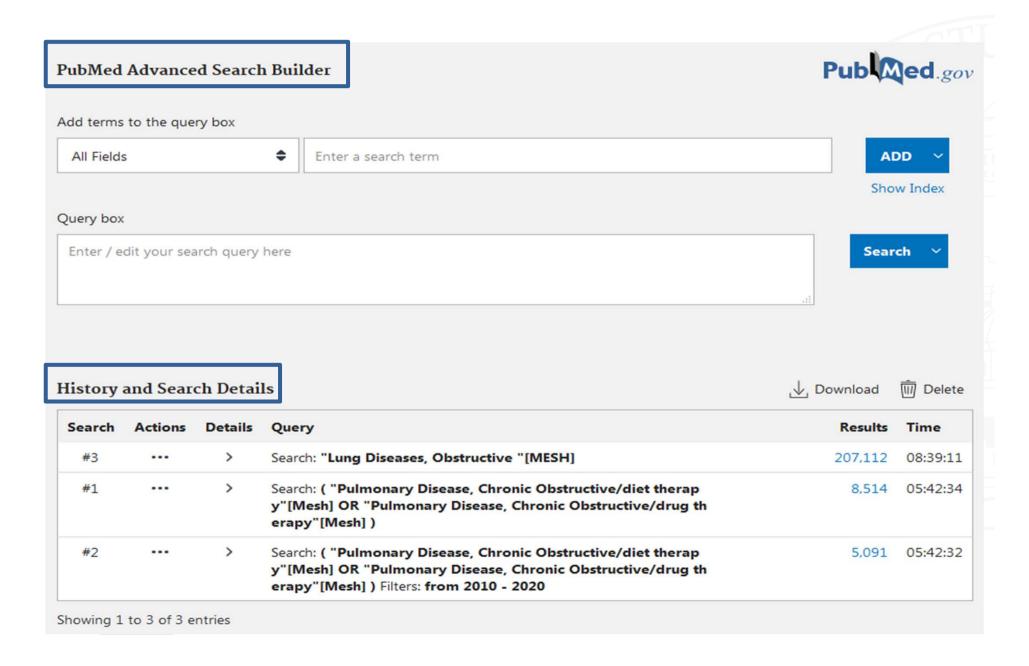


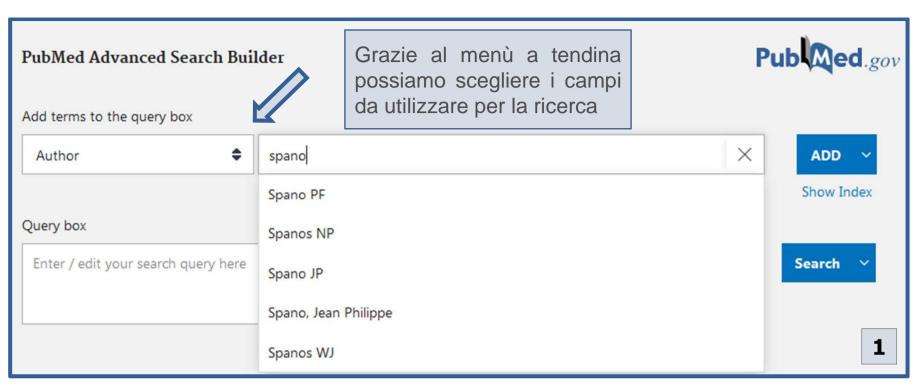


**Explore** 

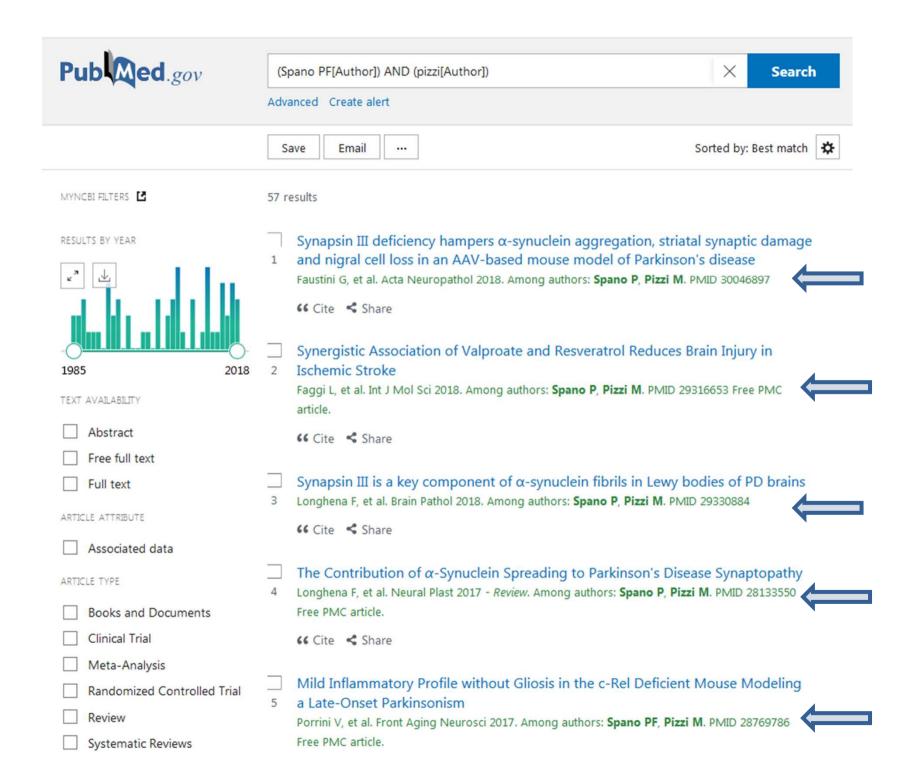
MeSH Database Journals

### PubMed: Advanced Search Builder (2)

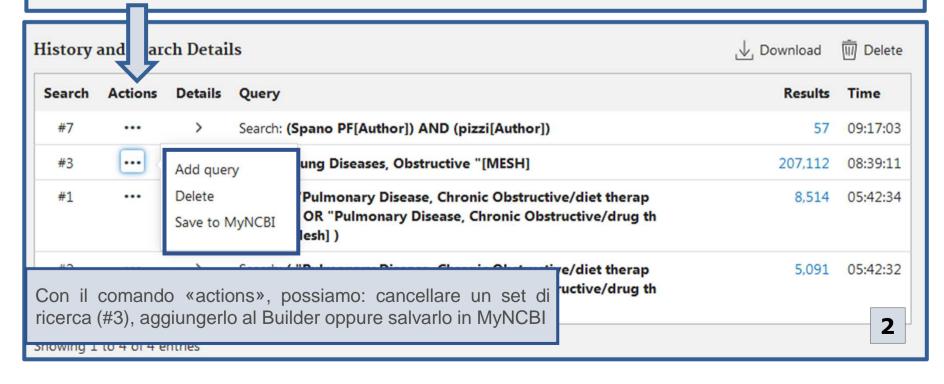




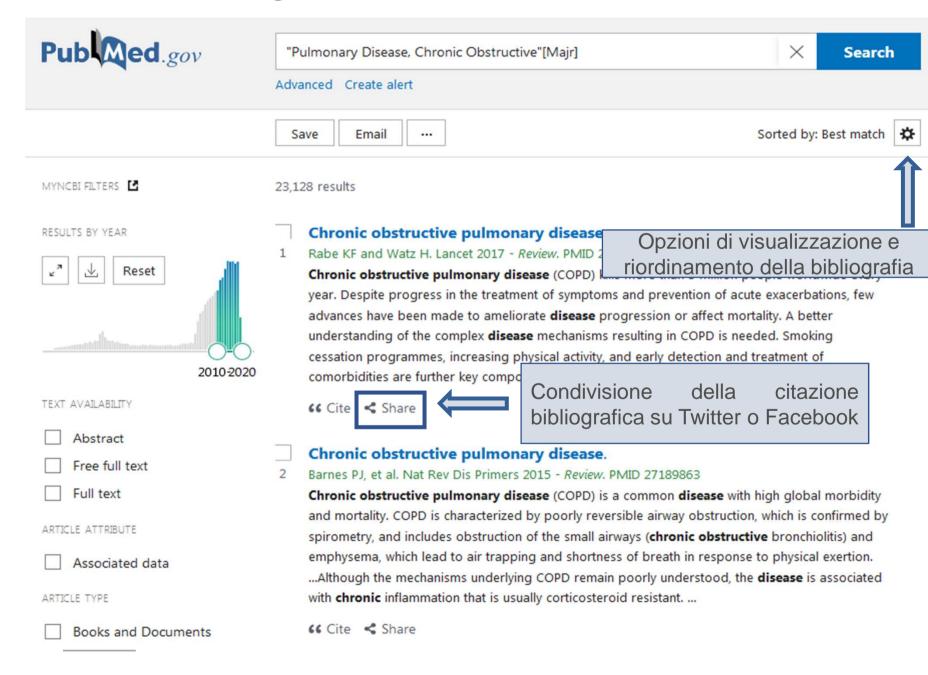




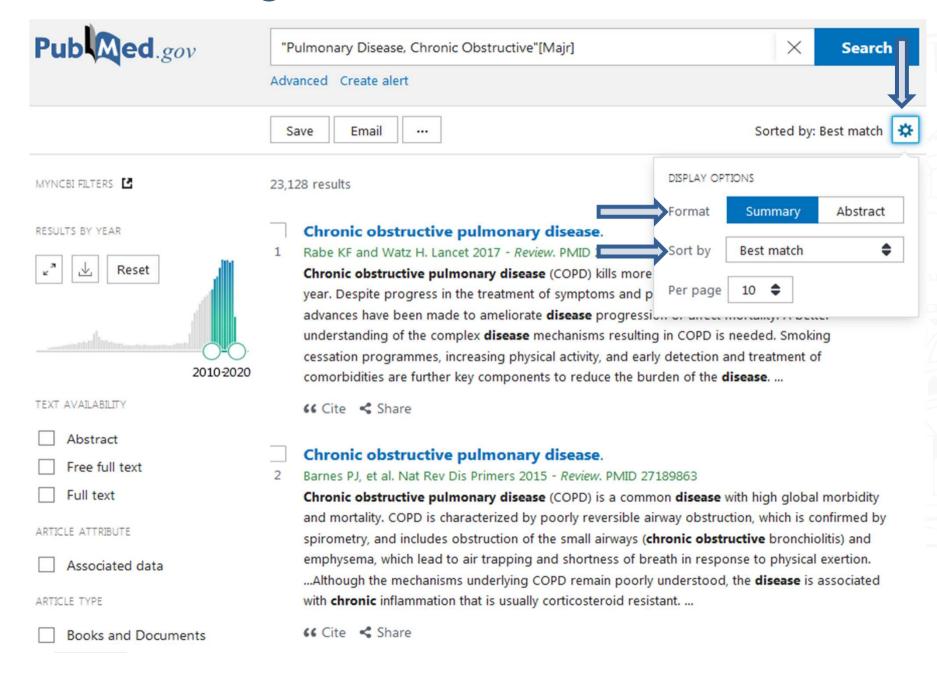
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#3		>	Search:	"Lung Diseases, Obstructive "[MESH]	07,112	08:39:11	
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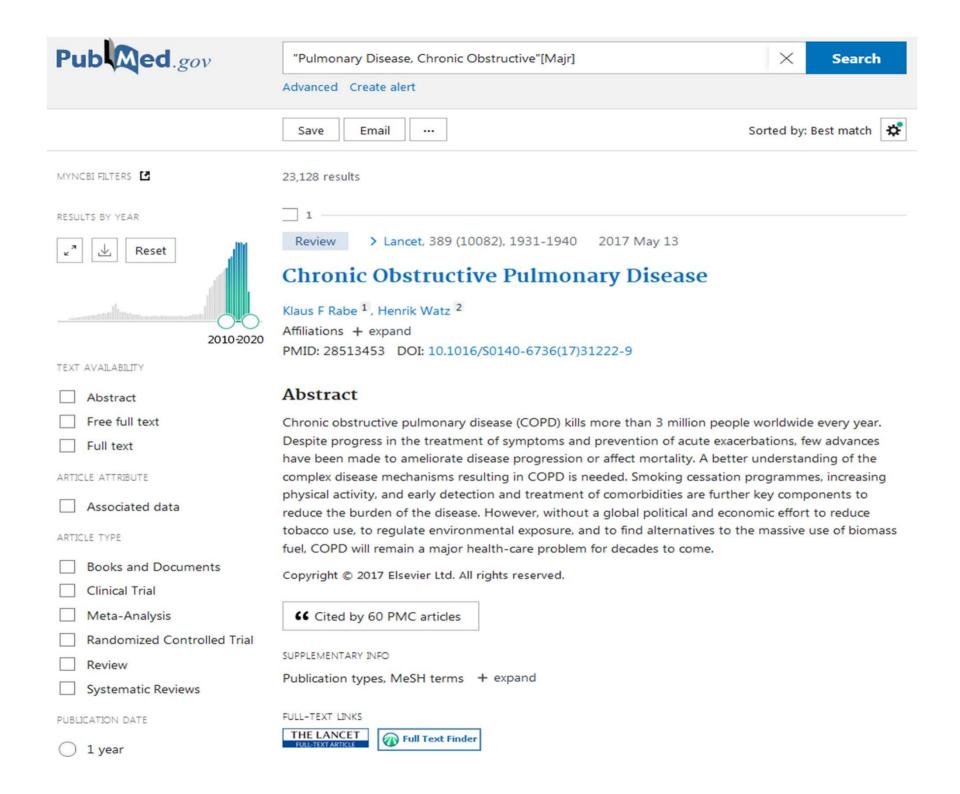


#### PubMed: gestire i risultati della ricerca (1)

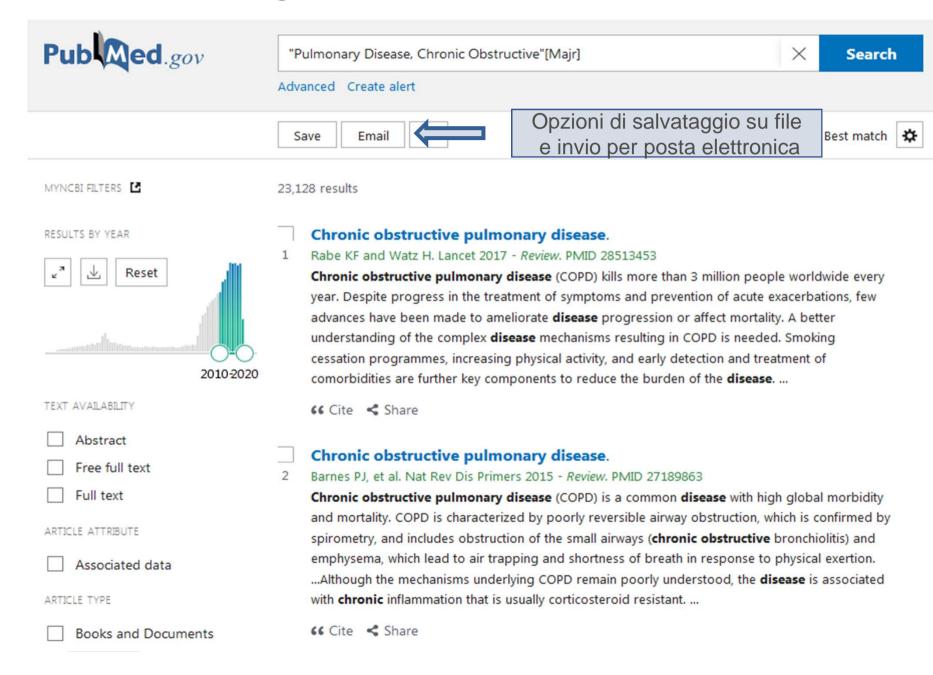


#### PubMed: gestire i risultati della ricerca (2)

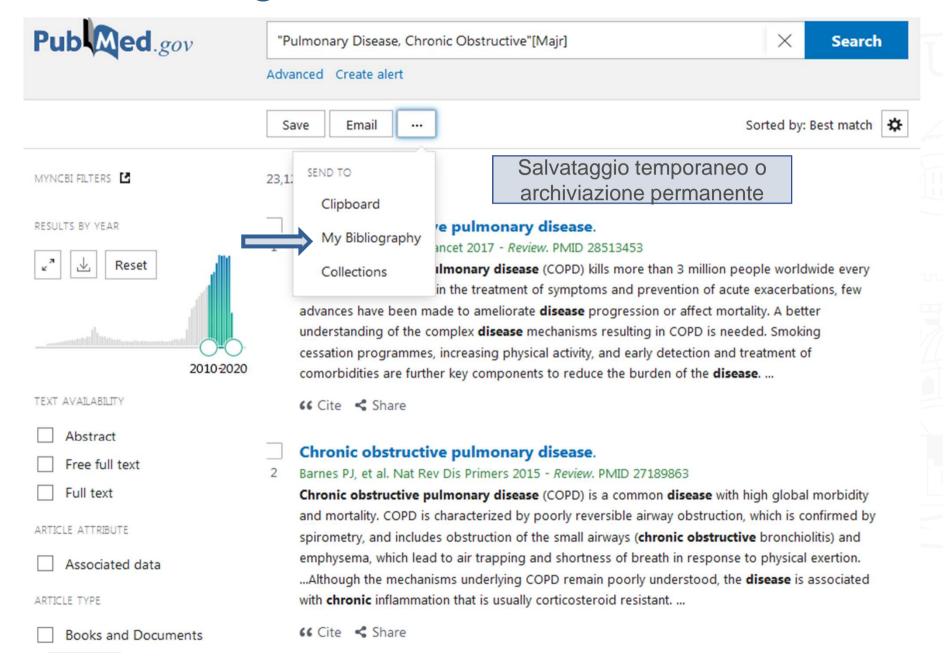




### PubMed: gestire i risultati della ricerca (3)

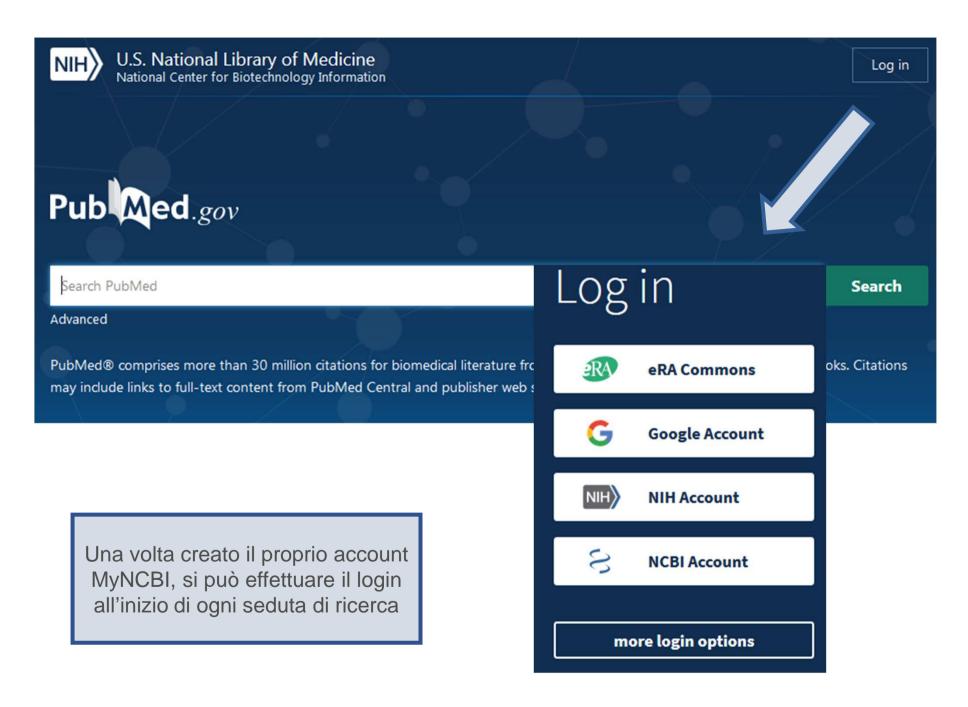


#### PubMed: gestire i risultati della ricerca (4)



Registrandosi in MyNCBI si accede ad una sorta di «cloud» dove è possibile salvare le strategie di ricerca, le ricerche effettuate, chiedere l'attivazione di «alert»

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## MY NCBI: riepilogo

La registrazione in My NCBI consente di:

- salvare le ricerche, le strategie di ricerca e impostare alert automatici con frequenza personalizzata
- creare raccolte di citazioni (Collections), con la possibilità di condivisione delle stesse e quindi di rendere «pubblica» la propria bibliografia
- aggiungere manualmente citazioni di provenienza diversa rispetto a Pubmed
- creare e gestire, in qualità di autore, la propria bibliografia (My bibliography)

La registrazione è gratuita e l'accesso può avvenire già dalla homepage di PubMed

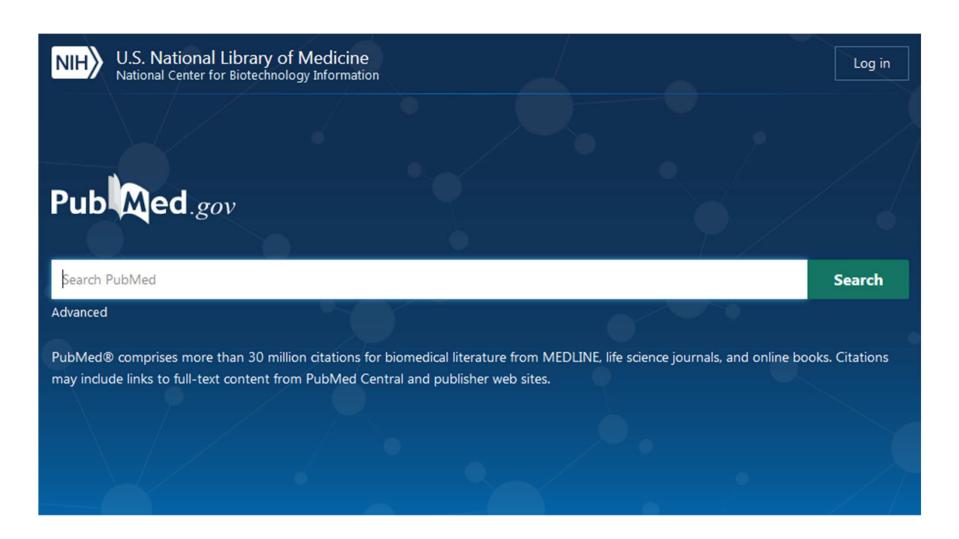


#### PubMed: ulteriori strumenti e risorse

Dalla homepage di PubMed, tra i tanti altri link a disposizione, trovate anche:

- SINGLE CITATION MATCHER
- CLINICAL QUERIES
- FAQs & USER GUIDE









**Explore** 

MeSH Database Journals NCBI

#### **PubMed Clinical Queries**

1

## Utile per l'individuazione di letteratura rilevante dal punto di vista clinico

Results of searches on this page are limited to specific clinical research areas. For comprehensive searches, use PubMed directly.

Please enter search term(s)

#### Search

#### **Clinical Study Categories**

This column displays citations filtered to a specific clinical study category and scope. These search filters were developed by <u>Haynes</u> RB et al. See more filter information.

#### Systematic Reviews

This column displays citations for systematic reviews, meta-analyses, reviews of clinical trials, evidence-based medicine, consensus development conferences, and guidelines. See <u>filter information</u> or additional related sources.

#### **Medical Genetics**

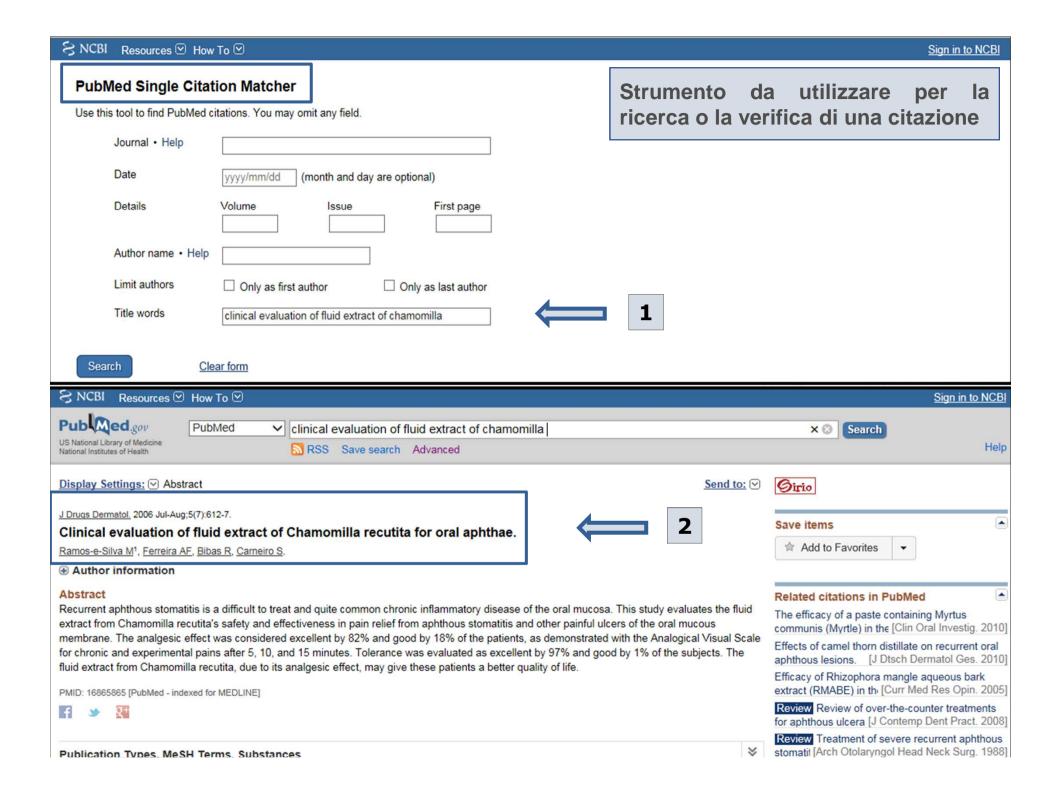
This column displays citations pertaining to topics in medical genetics. See more filter information.

#### **PubMed Clinical Queries**

2

Results of searches on this page are limited to specific clinical research areas. For comprehensive searches, use PubMed directly.

white coat hypertension		Search		
Clinical Study Categories	Systematic Reviews	Medical Genetics		
Category: Therapy		Topic: All		
Results: 5 of 67 Renal Denervation in the Medicare Population	Results: 5 of 88 Ambulatory Blood Pressure Monitoring for the Effective	Results: 5 of 25  Baroreflex sensitivity in children and adolescents: physiology, hypertension, obesity, diabetes mellitus.  Honzíková N, Závodná E. Physiol Res. 2016 Dec 13; 65(6):879-889. Epub 2016 Aug 19.  Blood pressure in children and adolescents: current insights.  Lurbe E, Ingelfinger JR.  J Hypertens. 2016 Feb; 34(2):176-83.		
Shafi T, Chacko M, Berger Z, Wilson LM, Gayleard J, Bass EB, Sozio SM. 2016 Jul.	Management of Antihypertensive Drug Treatment.  O'Brien E, Dolan E.  Clin Ther. 2016 Oct; 38(10):2142-2151. Epub 2016 Sep 13.			
Polypharmacy in the Aging Patient: Management of Hypertension in Octogenarians.	White-coat hypertension and cardiovascular events: a meta-			
Benetos A, Rossignol P, Cherubini A, Joly L, Grodzicki T, Rajkumar C, Strandberg TE, Petrovic M.	analysis.  Briasoulis A, Androulakis E, Palla M, Papageorgiou N, Tousoulis D.  J Hypertens, 2016 Apr. 34(4):503.9			



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- Scegliete la banca dati / le banche dati più appropriata/e alle vostre esigenze (che possono variare nel tempo e/o con lo svilupparsi della tesi).
- Formulate il quesito scientifico oggetto della ricerca nel modo più chiaro possibile, scomponendo l'argomento in tanti concetti chiave correlati tra di loro e individuando i termini adeguati e corretti in lingua inglese: potete avvalervi in questa fase di dizionari ed enciclopedie.
- Siate aperti e disponibili, via via che il vostro lavoro procede e le vostre conoscenze in materia si fanno più approfondite, a rivedere e ricalibrare la ricerca bibliografica fatta preliminarmente.
- Non restringete eccessivamente la ricerca in fase iniziale, potreste ritrovarvi frustrati per aver ottenuto un numero limitato di documenti.
- Sfruttate al meglio le bibliografie di lavori già reperiti.... Se il contenuto di quegli articoli «centra» il vostro argomento, le bibliografie contenute saranno in buona percentuale pertinenti!
- Gestite la bibliografia in modo accurato fin dall'inizio!





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In questa pagina sono disponibili guide e materiali informativi sulle risorse cartacee ed elettroniche della biblioteca e sui servizi erogati.

Alcuni documenti sono in fase di revisione e/o aggiornamento.

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I servizi bibliotecari: presentazione e istruzioni per l'uso - 15.03.2019

Introduzione alla Cochrane Library - 12.04.2018

Introduzione alla ricerca bibliografica in PubMed - 18.10.2018

Introduzione alla ricerca bibliografica in CINAHL - 29.11.2018

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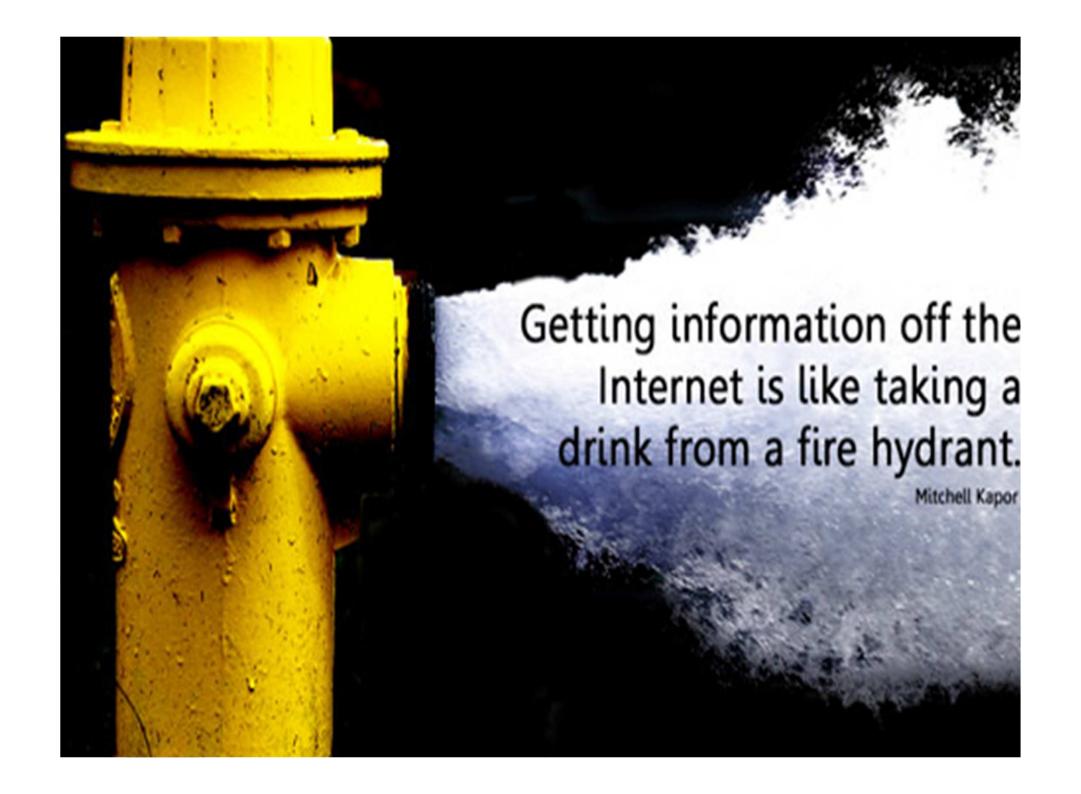
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Vi ringrazio per l'attenzione

Nicoletta Lumina

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