



UNIVERSITÀ
DEGLI STUDI
DI BRESCIA

Regulations for measures to combat and contain the spread of Covid-19 inside University of Brescia residences during phase 3

Issued with Chancellor's Decree no. 745 dated 19/10/2020

Art. 1 - Regulatory references and purposes

1. For the entire duration of the Covid-19 health emergency, this regulation introduces suspension and derogation measures compared with the content of the General University Residence Regulations, in order to protect the health of guests.
2. Only assignees of an accommodation place may access the university residences. Therefore, for the entire duration of the health emergency, visits and hospitality are forbidden and the residences may only be accessed by those who have been assigned a place.
3. Assignees of an accommodation place must declare the following in writing when they enter:
 - a) that they do not have symptoms of a respiratory infection (e.g. fever, fatigue, dry cough, non-allergic cold, diarrhoea, anosmia, dysgeusia);
 - b) that they do not have a body temperature of above 37.5°C;
 - c) that they are not subject to trust-based or mandatory isolation;
 - d) that they have read the rules on how to behave inside the university residences.
4. In order to guarantee the safety of users, the University reserves the right to transfer individuals within the same residence or to another university residence.
5. Students coming from abroad must comply with the indications published on the website of the Italian Ministry of Foreign Affairs and International Cooperation (www.esteri.it), depending on the country they have come from, in order to safeguard and protect the health of those staying in the university residences.

Art. 2 - How to use the rooms

1. Until the epidemiological situation improves, double rooms shall only be used by one assignee.
2. It is not allowed to enter other people's rooms.
3. Each student is required to frequently air out their room by opening the windows several times a day.

Art. 3 - Cleaning and sanitising the rooms

1. The University shall ensure that the premises, rooms, toilet facilities and communal and relaxation areas are cleaned and sanitised on a daily basis.
2. If a person who has been in the communal areas tests positive for Covid-19, then the premises shall be cleaned and sanitised as well as being aired out.
3. Users must clean and sanitise their rooms on a daily basis. The University guarantees a weekly cleaning service through an external firm.



Art. 4 - Communal areas

1. In all communal areas, it is compulsory:
 - a) to wear a surgical mask;
 - b) to frequently wash your hands;
 - c) to avoid gatherings (of more than two people);
 - d) to always maintain a distance of at least one metre from the person next to you.
2. In this regard, until the end of the emergency, parties, gatherings of students and any other similar activity will not be allowed.

Art. 5 - Kitchens

1. If dishes and kitchen accessories are not provided for use (on rotation), these must be purchased personally and kept separate from those belonging to other users.
2. Personal equipment must be suitably stored in the assigned lockers, together with other personal belongings.
3. After use, the kitchen worktop, sink and table must be cleaned with suitable degreasing and disinfectant detergents.
4. Gloves and a mask must be worn when in the kitchen and, especially, while washing and drying dishes.
5. Each student must be assigned a space inside the refrigerator and open food may not be stored therein, and nor may containers that in any case cannot guarantee complete airtightness.
6. Floors must be washed daily using a solution of water and sodium hypochlorite (bleach).
7. Each student must contribute to continuously airing out the communal areas, such as the kitchen, where present, leaving windows open as much as possible.

Art.6 - Corridors

It is compulsory to wear a surgical mask in the corridors. When walking down a corridor, a social distance of at least one metre must be kept away from anyone passing by, always keeping to the right. If the width of the corridor does not allow for this, one of the two users must stop and turn away from the other, allowing anyone carrying something heavy to pass first.

Art. 7 - Communal toilet facilities

In the case of communal toilet facilities, after use, students must clean the surfaces using dedicated disinfectants, always wearing gloves while cleaning.



Art. 8 - Self-service laundrette

Washing machines must be used in accordance with the following instructions:

- a) Only one person may enter the laundrette at a time.
- b) Garments and items to be washed must be carried in closed bags.
- c) Once inside the laundrette, the contents of the bag must be emptied into the washing machine, placing the used bag in the appropriate bin.
- d) Once the washing cycle and any drying cycle have come to an end, the washed garments must be placed in a new, clean bag.

Art. 9 - Outdoor areas

Gatherings must be avoided in outdoor areas such as courtyards, patio areas, etc. In smoking areas, ashtrays must be placed at least four metres away from each other.

Art. 10 - Recreational facilities

Gatherings must be avoided in recreational areas and a social distance of at least one metre must be kept at all times. Use of these facilities must be scheduled using the dedicated calendar.

Art. 11 - Snack areas

In these areas, there must be no interaction between users and a social distance of at least one metre must be kept at all times. The following conditions must nonetheless be met:

- a) given the size of the premises, gatherings must be avoided that would otherwise prevent minimum safety distances from being maintained;
- b) users must only remain in the area for the time necessary to get their products.

Art. 12 - Study rooms inside the residences

The study rooms inside the residences may only be used in accordance with the distancing measures introduced for each room: it is not allowed to move chairs and tables or to remove any signs.

Art. 13 - Requirements for the use of elevators and lifts for the disabled

1. Elevators or lifts must only be used if absolutely necessary: in this case, they may only be used by one person at a time.
2. The University guarantees that both the internal and external surfaces of lifts will be sanitised on a regular basis, including the call buttons.

Art. 14 - Canteen service

Access to the canteen must comply with the maximum capacity and defined shifts.



Art. 15 - Waste

The University ensures compliance with waste collection and disposal regulations and provides users with precise instructions on how to dispose of masks in accordance with national and local legislation. If a person tests positive for Covid-19, their waste does not need to be separated, but must be marked (stating 'Covid') and thrown in the container dedicated to non-sorted waste.

Art. 16 - Managing a person with symptoms

1. Should a student inside a residence develop Covid-19-like symptoms, he/she must immediately provide notification of this to:
 - a) the Head of the structure - reception@unibs.it - Dott.ssa Gabriella Donda
 - b) the University doctor - medico.competente@unibs.it - tel. +39 030/2016070

2. If he/she tests positive, he/she is obliged to notify the University thereof and will be asked to provide certification that he/she is negative before being allowed out of isolation.

Art. 17 - Sanctions

1. All assignees of University residence services must comply with the obligations and provisions indicated in this document.
2. The sanctions stated in the general University residence regulations shall apply to anyone who breaches these provisions, on a case-by-case basis.